



Hunt Institute for Botanical Documentation  
5th Floor, Hunt Library  
Carnegie Mellon University  
4909 Frew Street  
Pittsburgh, PA 15213-3890  
Contact: Archives  
Telephone: 412-268-2434  
Email: [huntinst@andrew.cmu.edu](mailto:huntinst@andrew.cmu.edu)  
Web site: [www.huntbotanical.org](http://www.huntbotanical.org)

The Hunt Institute is committed to making its collections accessible for research. We are pleased to offer this digitized version of an item from our Archives.

#### *Usage guidelines*

We have provided this low-resolution, digitized version for research purposes. To inquire about publishing any images from this item, please contact the Institute.

#### *About the Institute*

The Hunt Institute for Botanical Documentation, a research division of Carnegie Mellon University, specializes in the history of botany and all aspects of plant science and serves the international scientific community through research and documentation. To this end, the Institute acquires and maintains authoritative collections of books, plant images, manuscripts, portraits and data files, and provides publications and other modes of information service. The Institute meets the reference needs of botanists, biologists, historians, conservationists, librarians, bibliographers and the public at large, especially those concerned with any aspect of the North American flora.

Hunt Institute was dedicated in 1961 as the Rachel McMasters Miller Hunt Botanical Library, an international center for bibliographical research and service in the interests of botany and horticulture, as well as a center for the study of all aspects of the history of the plant sciences. By 1971 the Library's activities had so diversified that the name was changed to Hunt Institute for Botanical Documentation. Growth in collections and research projects led to the establishment of four programmatic departments: Archives, Art, Bibliography and the Library.

Indique con una "X" la clase de servicio deseado	
URGENTE	
ENTERA	
Cartotelegrama	XX
Este Radiograma se cursara a Tarifa Entera si no indicarse lo contrario	

## TROPICAL RADIO TELEGRAPH COMPANY



NUMERO	
PALABRAS	
HORA	

ENLAZADA CON WESTERN UNION, R. C. A. Y CABLE &amp; WIRELESS LTDA.

Se transmite el siguiente mensaje con sujecion a las condiciones al dorso, las cuales acepta el remitente y obligan de igual manera al destinatario.

A

KARL BOWMAN

3831 Market Street SANFRANCISCO (CALIFORNIA)

DEEPLY TOUCHED BY YOUR TELEPHONE CALL HELEN AND I SEND AFFECTIONATE  
 CONGRATULATIONS AND ~~HOPE TO SEE YOU AND AMN OFFEN IN FUTURE YEARS~~

WILSON

Firma del Remitente \_\_\_\_\_ Direccion \_\_\_\_\_

DR. KARL MURDOCK BOWMAN  
3031 MARKET STREET  
SAN FRANCISCO 14, CALIFORNIA

April 6-1953

Dear Wilson -

Sally left us today. Some Russian girl is driving her to Riverside where three of her college friends will be celebrating spring vacation. Then she goes to visit Paul. Then in two weeks, she will come back and Dr. Smith will take out the drains and then in another week or two she should be better than new. Everything seems to have gone very well and it looks as if she will be over her troubles permanently.

We have enjoyed having Sally with us. She is shy and reserved but finally got to talking rather freely with Betty. We have also fattened her up a little. We have also told her that she should get her college degree first, and not try to get a job, and then take evening courses. She isn't up to that, at least for a couple of years but she feels she has spent all her college money and is now 21 and therefore shouldn't get any more help.

We are waiting for word from Richard. No's grand daughter is a week overdue, so we hope to hear soon. Also Walter tells me No 9 is on her way.

Hugh has been over several times. He and Sally seems very close and Hugh had quite a feeling of responsibility when the operation was being considered. He is a fine boy and you should be proud of him.

Love to you and Helen

Karl

KARL MURDOCK BOWMAN, M. D.  
3831 MARKET STREET  
SAN FRANCISCO 14, CALIFORNIA

July 20, 1957

Dear Wilson -

- We spent most of May and the early part of June travelling east and are now back home. Richard and family arrived last week and will spend the summer with us. Walter is expecting a fourth child most any day now and we hope it will be a boy since he already has 3 girls and we have 10 girls to 1 boy among the grandchildren. I manage to keep quite busy in spite of no real duties all summer.

Miss Parsons is still considering the lot. She had an architect make an estimate for a two bedroom 1 bath room house much like your plan with a car port on Market St. He figured it would cost \$22,000 which with \$3,000 for the lot would be \$25,000. She is still figuring but doesn't quite see how she can spend \$25,000 for a house. Building prices here are fantastic! Will let you know when she makes a decision.

I am sure that it must be a relief to both of you to shed the responsibilities and you certainly deserve a good rest. However, I am also sure that you are going to keep pretty busy organizing all sorts of programs.

Betty has been feeling rather miserable the last couple of weeks but we hope she will soon be better.

Love to you and Helen  
Karl

KARL MURDOCK BOWMAN, M. D.  
3831 MARKET STREET  
SAN FRANCISCO 14, CALIFORNIA

Aug 10, 1957

Dear Wilson and Helen -

Betty died on July 31. She had had an operation for cancer of the intestine last October and had apparently made a complete recovery. Along in April she had some pain in the right side but was able to take a trip east for nearly a month, attending the Amer. Psychiatric Assn. meeting in Chicago and then having a long and pleasant visit in Washington with Tom and his family. Along in June there was some increase of symptoms but the doctors all thought she could make a two weeks trip to Alaska with me. However about the middle of June she grew rapidly worse and was hospitalized shortly before she died.

Richard and his family were out here for the summer and Betty had looked forward to have a most pleasant summer with Walter settled in San Jose and Murdock in Oakland. It was, however, a great comfort to have all three of them here.

My own plans are to stay on, at half time this next year at U.C. and continue to live here. I shall probably go to Alaska for 2 weeks for the U.S. Public Health Service and may do

some overseas travel for the armed forces. I am most fortunate in having Murdock and Walter with their families so close. I might even consider another period in the Orient after this year. However, I don't know how my present restlessness will develop or decrease by that time.

If you and Helen should consider a trip to San Francisco, there is lots of room here and the best liquor the Bohemian Club can provide. It would be nice to see you both.

The land seems to be still unsold altho it is still possible Miss Parsons may buy and build on it. The city authorities ruled that the house cannot front on Market as the width of the lot is not sufficient. I had never realized that when I built as I did. If Miss Parsons doesn't buy it, I think the best thing is for me to take it back and combine the whole place again. Then I am completely safe from building in a way to interfere with my view. Perhaps the Guatemalan situation is such you may consider moving out. If so, I would be only too happy if you did build next door.

Love to you both

Karl

ESCUELA AGRICOLA PANAMERICANA

APARTADO 93

TEGUCIGALPA, HONDURAS  
CENTRO AMERICA

Antigua, Guatemala, 16 January 1958

THIS IS TO CERTIFY that I have this day received from Karl Murdock Bowman the sum of Three Thousand Dollars, United States currency (\$3000.00) in full payment for the lot owned by me on Grand View Avenue in the city of San Francisco, California, United States of America. Immediately upon receipt from Dr. Bowman of the necessary papers covering transfer of title I will sign them and return them to him; and in the meantime this document serves to establish his right to the property without encumbrance.

Helen B. Popenoe

Antigua, Guatemala, 16 January 1958

THIS IS TO CERTIFY that I have this day received from Karl Murdock Bowman the sum of Three Thousand Dollars, United States currency (\$3000.00) in full payment for the lot owned by me on Grand View Avenue in the city of San Francisco, California, United States of America. Immediately upon receipt from Dr. Bowman of the necessary papers covering transfer of title I will sign them and return them to him; and in the meantime this document serves to establish his right to the property without encumbrance.

Helen B. Popenoe



[1957]  
Antigua, Guatemala, 9th Sept 1947

Dear Carlos:

Helen got back last week, and told of her visit with you. I am very glad that she had that opportunity. You know how very close both of us always felt toward Betty and yourself. We are glad that you will have two of the boys near you- with their respective and growing families. And apparently you, like myself, have plenty to keep you busy in your "retirement". It has been pretty hard for me to take! But it was the idea more than the fact, and the two months job in Salvador, which I have just completed, made the break easier.

About your letter of 10 August: it has become extremely unlikely that we shall ever be able to build in San Francisco -just too expensive- and I still have much work to do in this part of the world, and probably in Spain also. So if you don't sell our little lot to someone, and want to add it to your property, go ahead. I think it might be well to make the transfer to you right away, then you can do what you please; and you do not need to pay us until you get around to it. I am suggesting that you pay us the original \$3000 and no more; don't you think that is fair? I am enclosing a few papers which I have just dug up, on going through our papers which we have brought over here. I don't think there is anything of value to you among them but there is no use keeping them here. If you want to make the transfer, go ahead and get the necessary documents ready and send them to us for signatures. I suppose it can be done this way.

I hope we will get up to California within a year or so and have a good visit with you. In the meantime, we shall be thinking of you often.

Ever your devoted cousin,

KARL MURDOCK BOWMAN, M. D.  
3931 MARKET STREET  
SAN FRANCISCO 14, CALIFORNIA

Nov 15-57

Dear Wilson -

I am just back from two weeks in Alaska, checking the mental health situation for the U.S. Public Health Service. Before that I spent a week in Washington and had a nice visit with Tom and his family.

Many thanks for your note. I know that you can fully understand what it means.

I have given a Mr & Mrs Portana a note to you and Helen. Mrs Portana is one of the secretaries of the USPHS in San Francisco. She has done quite a bit of work for me and is a very pleasant and friendly person. She was anxious to see your house so I gave her this note. Please don't feel you have to do anything special for them. They are touring Guatemala. Are driving to Chichicastanango (?) and then back to Antigua where they are staying at some hotel there.

I am keeping very busy and am even considering a trip to Thailand to teach psychiatry - help reorganize the curriculum at the medical school such as I did at Manila.

Hope I shall see you both before too long. I am going to put thru the papers for the Pot next door as soon as I can get to it. Meanwhile I have paid the taxes as if I had already done so. My love to Helen  
Sincerely yours  
Carlos

Antigua, Guatemala, 22 Nov 1957

Dear Carlos:

It was good to hear from you again, and to know that you are keeping busy - as I am, though I cant do as much as I was able to do 25 years ago, for some strange reason (not so strange to you, I suspect).

We shall be glad to see your Friends the Boitanas, and anybody else you send. When we are here to receive them, we will size them up and see if would interest them, and be convenient for them, to have a meal with us; we are always glad to do this, but in many cases, of course, people are not staying in Antigua overnight and come too late in the day for us to do much for them. Just yesterday Herbert's next door neighbors in Pasadena, Mr and Mrs Leffingwell, dropped in with a letter from Herb, and were at least able to show them the house and set them up a drink made from Mexican lemons which somehow or other seem to contain about one ounce each of  $C_2H_5OH$ . People usually take home with them the seeds of these extraordinary lemons.

I was just about to write you re the taxes, and am glad to know that you have them paid up to date. The sooner you can put thru the documents the better tho I dont think the matter is very serious, in as much as the property is in Helen's name and she is likely to survive me by 20 years. From from your standpoint as well as ours, I think it is advisable to get the title hooked up with yours, because I believe the tiny lot logically belongs that way and because there isnt any chance now that we can use it. It has been fun thinking about it!

Dont know when we will be in Calif; we are hoping to go back to Europe by March; I have some work to do in Spain and we want to travel

around here now before it is too late.

KARL MURDOCK BOWMAN, M. D.  
3931 MARKET STREET  
SAN FRANCISCO 14, CALIFORNIA

Jan 6, 1958

Dear Helen and Wilson -

I enclose checks for \$3,000<sup>00</sup> to Helen for the lot on Grandview Ave. Will you please send me a notarized statement, acknowledging full payment and transfer of title to me. Then I will try to get the papers all fixed up and the Ditte Co. to insure the deed. I have been so busy that I am way behind in everything. I have charge of the program for the Am Psychiatric Ass'n meeting in San Francisco May 12-16. Have gone over 420 abstracts of papers, picking out about 170 for presentation, writing letters of acceptance and rejection and then juggling the papers around for as many as 5 sessions going on at the same time, etc. I have it nearly finished now.

I am planning to go to Bangkok and teach in the medical school for June, July and August. Am looking forward to it with a great deal of pleasure. However, my doctors tell me I mustn't go out there unless I have about a foot of my lower colon removed. I have quite a constriction plus a marked diverticulosis and they are afraid I might get an acute obstruction which would not be a good idea half way around the world. So I am planning to go into hospital in a couple of weeks and get it over. I hope to fly to New York March 15 and to Washington May 1. On May 17 I expect to fly to Honolulu for a week and then to Bangkok June 1. I spent 2 weeks in Alaska the last of October and first of November.

I am hoping to build a 3/4 acre lake at Namwob which will have an average depth of 10 feet. So you see I am full of plans.

My love to both of you

Karl

Antigua, Guatemala, 16 January 1958

Dear Carlos:

Yours of the 6th received, and the check for \$3000 has been sent for deposit at the American Security and Trust Company of Washington D C. I mention this because everybody likes to have his checks come back cancelled fairly promptly - at least I do - so he wont kid himself about how much money he has in the bank. A few months ago I sent a check for \$25 to Costa Rica. Two months later I closed my account in the First National Bank of Boston, going back to American Security and Trust where I have banked for more than 40 years. Then the guy in Costa Rica sends through my check and First Natl of Boston turns it down. I am proud to say it wasnt a lack of money, and I am proud to say it is the first time in my dissipated career than a check of mine has been refused payment.

We are going into town this afternoon and I will try to get the statement you requested notaried by the American Consulate. I think this is better than a Guatemalan notary. If for any reason it cant be done, we are going up to Miami next week and will get it done there. We are about to hop out of here for some time. I have to attend a mtg of the Board of Trustees of Escu Agr Panam in New York on 5 Feb. After that we are going to spend a couple of weeks in Washington with the kids and grand-kids they fly over to Spain. If and when you get the deed ready for signature I assume it can be signed anywhere; but we had best check up to make sure it will reach us. We are going to have our mail handled by an old friend, Mrs Martha Sussmann, who is now (we have known her in Tegucigalpa for 15 years) one of the secretaries ( i e, stenographers) to the Ambassador in Madrid, U S Embassy. You can write us in her care; then we will tell you just how to send the papers to us safely. By registered mail I am sure there is no risk involved; there is no money to be transferred.

We are mighty glad to see that you are keeping completely busy, as I am too, but I dont like that business of taking out a chunk of your innards though as matter of fact I never could see just why we need so many yards of those things. I have been encouraged recently, however, to find that a good strong dose of Sal Hepatica (which I take very rarely) goes through me in 21 minutes 46 seconds by the clock - or begins to go through. I have been pretty lucky, so far, in not having any serious organic troubles and so have you and Paul. I am wondering when he expects to retire; I think it will not be much more than a year now. He told me last time I saw him that he will get no pension; that is really too bad, and you and I are lucky. But this Old Age pension; I either have to stop earning any money which I dont like to do, or else get what I earn paid at the end of the year in a lump sum, or else lose my \$108.50 which I havent begun to collect yet. I much prefer the United Fruit system; on the 1st of every month Bang, \$602.41 is deposited in my bank in Washington and no questions asked.

Take care of yourself, old boy, and get that pond built and stock it with fish so we can come to California a year or so from now and sit on the bank with you, hook and line in hand. Helen joins in much love.



*American  
Psychiatric  
Association*

COMMITTEE ON PROGRAM

KARL M. BOWMAN, M.D., Chairman, 3831 Market Street, San Francisco, Calif.  
HUGH T. CARMICHAEL, M.D., 30 N. Michigan Avenue, Chicago 2, Ill.  
JOHN J. DONNELLY, M.D., 200 Retreat Avenue, Hartford, Conn.  
DANIEL H. FUNKENSTEIN, M.D., 74 Fenwood Road, Boston 15, Mass.  
ROBERT S. GARBER, M.D., Box 1000, Princeton, N. J.  
MARGARET C. L. GILDEA, M.D., 4500 W. Pine Blvd., St. Louis 8, Mo.  
MARTHA G. W. MacDONALD, M.D., 534 South Pineapple Avenue, Sarasota, Fla.  
JULES H. MASSERMAN, M.D., 8 South Michigan Ave., Chicago 3, Ill.

CENTRAL OFFICE: 1785 MASSACHUSETTS AVENUE NW WASHINGTON 6 DC      PHONE: ADAMS 2-7878      CABLE ADDRESS: PSYCHIATRY WASHINGTON DC

April 18, 1958

Wilson Popenoe, M.D.

Antigua, Guatemala

Dear Wilson:

I enclose the draft deed for the land and the letter from the title company giving direction as to what Helen should do. If she will sign before a Consul of the United States of America and have him attach his certificate of acknowledgment to the deed and then return that and the letter to me, I will then complete the matter. I will, of course, handle all of these expenses.

I am back in the hospital again for an operation on my other knee now, but I hope to be out and around in a week or two.

I plan to go to Bangkok the middle of May and will be there until about the first of September. I shall then fly on around the world and this time I am planning to fly through Spain and Portugal. I am only allowing about two days for Spain and two for Portugal. Perhaps Helen can suggest the best way of spending my two days in Spain and probably in Portugal. I want, of course, to get something of a bird's eye view and it is quite possible that if I keep returning to Bangkok each year, as I may do, that I will then take a longer period the next time.

My love to you and Helen.

Cordially,

*Karl*

Karl M. Bowman, M.D.

Encl.

KMB/vn

San Francisco

## DIRECTIONS FOR SUBMITTING PAPERS

All papers accepted for the annual meeting become the property of the Association. The Editor of the American Journal of Psychiatry has the authority to accept or reject papers for publication in the Journal. If publication elsewhere is desired, permission must be secured from the Editor.

Papers will not be accepted for the program if they have been either previously published or presented at other meetings.

All films and scientific exhibits must be submitted to the Program Committee.

### By October 15, 1957

Authors offering papers for presentation at the annual meeting in Chicago, Illinois, should forward an abstract of some two hundred words to the Program Committee in the following form:

1. Proposed title
2. Aim (or hypothesis to be proven)
3. The method used
4. Limits of the study (time, number of cases, etc.)
5. Findings
6. Conclusions which can be drawn

This will be passed on by the Committee on Program at its meeting in October. Authors will be notified shortly thereafter whether the paper was considered suitable.

All readers of papers are asked to state the minimum amount of time necessary for presenting their papers, but the time allowed will have to be determined by the Program Committee.

All authors will also state whether films or slides are to be presented with the paper, if you wish equipment to be available.

### Special Notice to Round Table Meetings:

Any actions or resolutions decided upon by the group, relating to the activities of the whole Association, may be submitted to Council, through the Secretary.

### WHEN THE PAPER HAS BEEN TENTATIVELY ACCEPTED:

By January 1, 1958

The title of the paper and the names of the authors as they should appear in the printed program

### IMPORTANT!

*Film and slide projection equipment:* If you need such equipment in presenting your paper, the Program Committee Chairman must be notified not later than April 15, 1958. Specify precisely the kind of equipment you will need.

should be in the hands of the Committee. Following is an example:

### INVESTIGATIVE PSYCHOTHERAPY IN CERTAIN CRIMINAL TYPES

Robert White, M.D. (F.A.P.A.), John Doe, M.D. (F.A.P.A.), and James Blank, M.A. (by Invitation), New York, N. Y.

### By March 1, 1958

A copy of the entire paper—but not necessarily in final form—should be sent to the Committee, for forwarding to the discussant.

Two additional copies should be sent directly to the Chairman of the Committee on Public Information, Dr. Henry P. Laughlin, c/o Public Information Office, A.P.A., 1785 Massachusetts Ave., N. W., Washington 6, D. C. These copies are for use in the press room at the Annual meeting.

### SUMMARIES OF SCIENTIFIC PAPERS

On or about February 1, 1958 you will receive a communication from the APA Public Information Officer requesting and giving you full directions for the preparation of a special 300-word summary of your paper. These summaries will be published in pamphlet form and made available at the Annual Meeting as a supplement to the official program and also for the use of press reporters. These special summaries must be in the hands of the Public Information Officer in duplicate by March 1, 1958.

### At the Annual Meeting

Kindly sign in the Register which will be provided for persons appearing on the program, either giving or discussing papers.

An original copy of each paper carefully corrected by the author and in final form must be handed to the secretary at the time of reading.

Discussion is by no means limited to those whose names appear on the program. The time allowed for each discussant is limited to five minutes.

A Press Room is operated at the Annual Meeting under the supervision of the Committee on Public Information. It is recommended that contacts with reporters at the Annual Meeting be arranged through the Press Room.



EDMOND A. RIEDER  
GENERAL MANAGER

At the end of the trail stands the Palace Hotel, San Francisco

CABLE ADDRESS  
PALACE SAN FRANCISCO

Altadena, Sept. 21, 1958

Dear Wilson & Helen:

I had a long phone conversation with Karl Bowman last night and with Dr. Halley the night before. Sal is in Langley Porter Psychiatric Institute, First and Parnassus, S.F.; I'm giving you the correct address because frequent letters to her will be most helpful and you can address here merely in care of the aforesaid; I'm forwarding to her the one you sent to us here. Karl will write you fully in a few days, after he has had two or three more visits with her. He has an office of some sort there and so he is there every day and proposes to drop in and see her every day. She will probably be there for some months, but he is optimistic about the outcome; she has a good understanding of her condition and of her need for help, is very cooperative, cheerful, and prepared for a long pull. Of course she could not be in better hands. We had an unhappy experience down here, when we put her in Kimball's Sanitarium with Dr. John B. Doyle, who is generally considered tops in the psychiatric profession hereabouts. Be that as it may (and it probably isn't), the sanitarium was very badly staffed and because Sal, within an hour of the time we left her there, again walked out naked into the "living room," they put her in a little isolation room with locked door,-- which perhaps was necessary,-- and even had her strapped down much of the time, which I think was entirely necessary and abominable.--The plain fact is that the profession of psychiatry as a whole is medieval, ignorant and arrogant.--The children are of course staying with their grandparents in Stockton. They have hired a good woman who will start tomorrow, coming every day from noon until 7 p.m. In addition they no doubt have a regular cleaning woman; so while Jane Ann will be kept on the run, she'll at least have some help. Edmund and Jane Ann have been planning a 2-months trip to Peru in October,-- I don't know how they'll manage this. Ed is living in the dormitory at Dillon Beach and starting classes there which, if he makes the grade, will give him his bachelor's degree at the end of this semester. He has a chance now to show what he can do. Karl felt that this experience had sobered and matured him a good deal; I hope it will remain and continue. For the present Sal will have a real feeling of security, I think-- she has for some time had a fear that he would leave her, for which I think there was no real basis; charged him with being the father of the child of friends of theirs, which I judge was completely delusional and "off the beam"; as I said, there have been evidences of her difficulty for a long time. Unfortunately we knew nothing about them.

[Paul Paparone] RP



UNIVERSITY OF CALIFORNIA MEDICAL CENTER  
SAN FRANCISCO 22, CALIFORNIA

SCHOOL OF MEDICINE  
PSYCHIATRY

September 26, 1958

Wilson Popenoe, M.D.  
Rancho California  
El Munecar  
Granada, Espana

Dear Wilson:

I am sure that by this time you have gotten Paul's letter and you undoubtedly know that Sally has been admitted to the Langley Porter Institute. I have delayed writing to you for about a week because I wanted to get some clear idea just what her condition was and what the prognosis was likely to be rather than to just write you a letter telling you she was here and leaving you in the air about her. Sally had been going along pretty well and her husband, Ed, had gotten a special student type of position up north where he will be able to get along better. Actually, everything seemed to be going along much better than it had in the past. About this time, Sally became quite upset emotionally and felt that she must not eat and she started throwing the food out. She felt she should not feed the children, as well. She also tried to give everything away and the whole thing took on a religious coloring. Paul got into this and I believe the children were down in Pasadena.

Sally was first treated by some psychotherapist but this did not work. She was then placed in a hospital in Los Angeles which does not seem to be very well run and which was highly restrictive, so that she became quite frightened. As a result, Ed's father got in touch with the Langley Porter Institute and she was admitted here. When she was first admitted, she had not been eating or sleeping and looked quite run down. As soon as I got back and was told about her, I went up to see her. She recognized me and talked very coherently and expressed her disturbance at being haunted by these ideas. I reassured her that things were going to be all right. She should start eating and sleeping and not let herself become preoccupied with the morbid ideas she was having. I was interested when the next day her personal doctor asked me if I had said anything to her because she was now eating quite well.

I have been seeing Sally almost every day and I just saw her a few minutes ago. She told me that she had gotten a letter from you which had gone to Paul and had been forwarded, and she plans to write you this afternoon, so you may even get her letter ahead of mine. I think she has shown steady improvement since she has been here and that this is an acute condition

Dr. Wilson Popenoe  
September 26, 1958  
page two

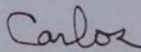
from which I feel she will be able to make a good recovery. She seems to enjoy my visits. I have not attempted to regulate her affairs or probe deeply into her symptoms because this is the province of her special doctor. I think you may feel satisfied that she is getting excellent care here, that she is improving steadily, and that she, herself, feels satisfied and reassured by being here.

I have told her that if anything should come up at any time and she wants to see me, she should ask them to get in touch with me and I would see her at once. I think she has also relinquished some of her nervousness at being in a hospital. The ward she is on is pretty much an open one so that during the daytime she is free to go in and out so she doesn't get the feeling of being locked up which she had in the Los Angeles institution. She seems to be having a good relationship with the doctor assigned to her case and everything seems to be proceeding as well as could be expected. Ed called to see me as soon as he learned I was here. I must say, I was most agreeably surprised at the change of attitude on his part. I am remembering his behavior when Helen was here, which was one of an essentially irresponsible teenager. He seems to have matured very much and has taken the whole situation seriously and is anxious to work things out. He, himself, mentioned to me how he felt that he had developed a change of attitude which I think is very genuine and which is obviously most important from the standpoint of Sally's whole future. He has been to see Sally when he could get time and last weekend I believe he took her out to dinner. I think this about covers the situation and I will try to keep you informed as to how things go. As I said before, I feel quite hopeful.

I am very sorry that I missed seeing you and Helen in Spain. I hope I will see you two before too long. I am now back at work, teaching half-time and trying to do a lot of writing which seems to be rather slow in getting started.

If there are any points which I have not covered or things you want to know, please let me know and I will do my best to answer them. My very best to you and Helen.

Siempre tuyo,



KARL M. BOWMAN, M.D.  
Professor of Psychiatry  
Emeritus

KMB:mmm  
cc: Dr. Paul Popenoe  
File



EDMOND A. RIEDER  
GENERAL MANAGER

At the end of the trail stands the Palace Hotel, San Francisco

CABLE ADDRESS  
PALACE SAN FRANCISCO

Oct. 9, 1958

Dear Wilson & Helen:

Karl sent me a carbon copy of his letter to you, and yours arrived here; and I have just come from a long talk with Karl on the phone. He says Sal is making satisfactory progress; hasn't had any more "episodes", though this might well be due to the fact that she is an open ward, with others around and probably a nurse on duty. My main purpose was to talk with him about how to answer your letter, so we wouldn't be at cross purposes. He thought, somewhat guardedly, that it might be helpful to Sal to have a short visit, perhaps not too soon, and that it would be helpful for the future if Wilson could get better acquainted with the older Halleys and with Ed, as you suggest. Of course we'd always be glad to see you here, and Maude (who is apparently in excellent health and fine shape) will welcome a visit with Helen and vice versa. But everything that can be done for Sal is being done and it's just a matter of time now.---Betty and I had to go to San Bernardino day before yesterday and stopped to see the Claremont people with whom we unfortunately don't have very frequent contact. Betty thought Anna had aged greatly; I didn't notice it so much. Edwin was retired by Montgomery Ward for age but has occasional fill-in jobs and was on one at the moment so we didn't see him but saw Ruth. Edwin has his social security pmts and enough odd jobs to keep comfortable; they say he has aged a good deal but is feeling quite contented now.--We called on Julia, Isabel's daughter, whom we hadn't seen since she was a child. She married very early at the age of 15 or 16 to get away from a tyrannical father, but fortunately seems to have jumped in the right direction; her husband, William E. Dowse, is apparently a sound and steady fellow; partner in a business that handles plastic tile; the books in the house indicate good education and taste. About 1½ years after their marriage they became converts to Mormonism, so had another wedding "in the Temple." They have four children (she is only 20 now!); the last were twin boys born just a year ago. She is an attractive and fine girl, a real dear. You'd be proud to have her in the family.--John and Jerry predict another eugenic contribution next April. We're expecting to hear from Pab and Norma any day.--Ed's future seems very vague. He has 6 mos. now to try to get the final 6 units needed for his B.S. If he gets them, then the assumption seemed to be that he might stay on at the Dillon Beach lab.; but he told me he really had no idea what he would do next. It would be a blessing if we could get them 10,000 miles away from Stockton.--Yrs,

Paul  
C. Rieder

Rancho California, Almuñecar (Granada) SPAIN  
16 October 1958

Dear Paul and Karl:

Paul's letter of 9th instant has just come and is much appreciated. It is mighty good of you both to take so much interest in my little Sal; I don't know what we would do without you.

I note that in your telephone conversation, Karl thought it might be helpful to Sal to have a short visit, not too soon, and that it would be helpful for the future if I could get better acquainted with the elder Hallays and with Ed. I am sure you believe that I will leave no stone unturned to help get things onto solid ground. The point we would like now to bring up is this:

We are planning to return to the Americas about 15th December. Would it be best for us to come direct to California, spend whatever time you think desirable in that region, then fly down to Guatemala; or would it be preferable for us to go direct to Guatemala, and come up to California when Karl thinks the time is ripe for a visit with Sal? Either way will be perfectly simple for us, and apparently there is no need for us to come right away. And as I have said, in any event we plan to leave Europe about the middle of November. You can reach me in care of the American Embassy in Madrid (care of Martha Sussmann) during the month of November. We shall be leaving Almuñecar about the 25th instant; will spend ten days in Cataluña; pick up the Connells in Barcelona on 10 November, take them to northern Spain, be in Madrid about the 15th of November, and back here again for a couple of days right after the first of December; then, if plans don't change, we will go up to Madrid and line things up to fly to the New World somewhere around the 15th to 20th of December.

So please just give me your instructions and we shall try to carry them out implicitly. I am enclosing for Karl's information a letter which has just come from Sal - the first she has written since before she went to Pasadena. She seems to have hung onto her sense of humor. It may pull her through. In troublous times I always counted on it. Helen has just brought up a point which I think worthy of serious consideration. Sal has real talent when it comes to drawing and painting. It was her outlet at various times. Because Helen felt it meant so much to Sal, she was instrumental in giving Sal that year at Scripps, which seemed to be a great success. Now, would it help if Sal were encouraged to do some painting where she has time and nothing else in her official program - for we do not know of course just what the médicos feel would be helpful. My reaction is that it might do Sal a lot of good - but I am not the one to judge. What I will say is this, if Karl and Sal's médico think it a good idea, go ahead and buy her everything she can use. You have the money in hand, Paul.

Ever yr devoted

UNIVERSITY OF CALIFORNIA MEDICAL CENTER  
SAN FRANCISCO 22, CALIFORNIA

SCHOOL OF MEDICINE  
PSYCHIATRY

October 16, 1958

Wilson Popenoe, M.D.  
Rancho California  
El Munecar  
Granada, Espana

Dear Wilson:

Paul called me on the telephone and discussed writing to you about the possibility of your coming to visit Sally. After talking with Paul I waited to see Sally and also to talk with her doctor. My recommendation will be slightly different than that which I discussed with Paul.

Sally is continuing to make slow but steady progress, which is all to the good since that type of progress, one feels, is the sort that will tend to stick. I talked with Sally quite frankly about the whole situation and the question of you and Helen coming to visit her. I told her that I thought it was possibly not advisable for you to come and stay for a really long period of time. Knowing you and your great interest in your own family, you would find it very hard to accept the fact that Sally is now married and you cannot step in and take over things, as would be your natural impulse. I had some hesitation as to whether it would be better for you to come alone to see Sally and as to whether seeing too many persons at once might be a little too much for her. I was a little surprised and very pleased when Sally said immediately that she would like to see Helen also and that she would like to have both of you come. We talked a little bit about Helen and the many difficulties she has had in stepping into a partly-grown family and Sally seemed more understanding and she showed an attitude which I am sure will please both Helen and you. Therefore, my suggestion, after talking with Sally's doctor, is that if you and Helen could plan to come for one week--or two at the most--this would be very desirable. It would give you both a chance to talk with Sally's doctor and give him valuable historical material. Also, when you are here I think you should make a very strong effort to become acquainted with Sally's father-in-law and mother-in-law, as well as see Ed again. I think that it is most important to have a unified front and some sort of agreement about future plans when Sally is well enough to leave here. I am sure that it will

Dr. Wilson Popenoe  
October 16, 1958  
page 2

be very helpful to Sally to know that you and Helen have had a good visit with her in-laws and that all four of you are standing back of any plans.

Sally has been away for a long weekend and she told me she thought things went very well. She also said Ed is working hard and she herself seems to feel that Ed has shown quite a change in attitude in the sense of getting down to hard work and developing a sense of responsibility.

I know this visit, as I have outlined it, is not going to be too easy for you and Helen. I think the important thing is that you both stay somewhat in the background but make Sally feel you are in back of her 100 per cent. I know she feels this at the present time because she said so.

When you do come, I, of course, want you to stay with me. As you know, there is unlimited room in the house and nobody is there but me and I will enjoy having both of you for a visit. I think any further plans and ideas will have to await your arrival. I am looking forward eagerly to seeing you for a nice visit.

Siempre tuyo,



KARL M. BOWMAN, M.D.  
Professor of Psychiatry  
Emeritus

KMB:mm  
cc: Dr. Paul Popenoe  
File

PSYCHIATRY

October 16, 1958

Wilson Popenoe, M.D.  
 Rancho California  
 Apartado 7  
 Almunecar  
 Granada, Espana

Dear Wilson:

Paul called me on the telephone and discussed writing to you about the possibility of your coming to visit Sally. After talking with Paul I waited to see Sally and also to talk with her doctor. My recommendation will be slightly different than that which I discussed with Paul.

Sally is continuing to make slow but steady progress, which is all to the good since that type of progress, one feels, is the sort that will tend to stick. I talked with Sally quite frankly about the whole situation and the question of you and Helen coming to visit her. I told her that I thought it was possibly not advisable for you to come and stay for a really long period of time. Knowing you and your great interest in your own family, you would find it very hard to accept the fact that Sally is now married and you cannot step in and take over things, as would be your natural impulse. I had some hesitation as to whether it would be better for you to come alone to see Sally and as to whether seeing too many persons at once might be a little too much for her. I was a little surprised and very pleased when Sally said immediately that she would like to see Helen also and that she would like to have both of you come. We talked a little bit about Helen and the many difficulties she has had in stepping into a partly-grown family and Sally seemed more understanding and she showed an attitude which I am sure will please both Helen and you. Therefore, my suggestion, after talking with Sally's doctor, is that if you and Helen could plan to come for one week--or two at the most--this would be very desirable. It would give you both a chance to talk with Sally's doctor and give him valuable historical material. Also, when you are here, I think you should make a very strong effort to become acquainted with Sally's father-in-law and mother-in-law, as well as see Ed again. I think that it is most important to have a unified front and some sort of agreement about future plans when Sally is well enough to leave here. I am sure that it will

Dr. Wilson Popence  
October 16, 1958  
page 2

be very helpful to Sally to know that you and Helen have had a good visit with her in-laws and that all four of you are standing back of any plans.

Sally has been away for a long weekend and she told me she thought things went very well. She also said Ed is working hard and she herself seems to feel that Ed has shown quite a change in attitude in the sense of getting down to hard work and developing a sense of responsibility.

I know this visit, as I have outlined it, is not going to be too easy for you and Helen. I think the important thing is that you both stay somewhat in the background but make Sally feel you are in back of her 100 per cent. I know she feels this at the present time because she said so.

When you do come, I, of course, want you to stay with me. As you know, there is unlimited room in the house and nobody is there but me and I will enjoy having both of you for a visit. I think any further plans and ideas will have to await your arrival. I am looking forward eagerly to seeing you for a nice visit.

Siempre tuyo,

KARL M. BOWMAN, M.D.  
Professor of Psychiatry  
Emeritus

KMB:mm  
cc: Dr. Paul Popence  
File



PSYCHIATRY

November 6, 1958

Wilson Popenoe, M.D.  
 Rancho California  
 Apartado 7  
 Almunecar  
 Granada, Espana

Dear Wilson:

Not having heard from you, I wonder whether you have received my last letter. Sally showed me a letter from Helen which made no mention of my letter. I am, accordingly, sending a copy of this letter to you at Rancho California and in care of the American Embassy in Madrid.

Sally seems to be improving slowly and steadily and has, I think, accepted the idea that she has to spend some time here working out her problems, so that I think one can anticipate a matter of months that she should be here at Langley Porter. This will give her a period in which to really rest up and a freedom from responsibilities which I feel she needs at the present time. I think that if you were to come about the middle of December it would be fine and you could have a couple of weeks to visit with Sally and other old friends.

Knowles Ryerson was in to see Sally two days ago and I met him face to face for the first time although I have talked with him before on the telephone. Sally seemed very pleased to see him and I left the two of them visiting with each other.

If you plan to leave about December 15, I suggest you come directly to San Francisco. There is ample room in my house for you as long as you and Helen care to stay and I will enjoy very much seeing you both again. I am going to be away on a trip to New York and will be in South Dakota for a week, but will be back on Sunday, December 14 and plan to meet you if you fly in then. I can probably meet you most anytime after that as I will be around, as far as I can tell now, for the next few weeks at least.

Siempre tuyo,



KARL M. BOWMAN, M.D.  
 Professor of Psychiatry  
 Emeritus

KMB:mm

cc: c/o American Embassy, Madrid

Antigua, 30 Dec 1958

Dr Karl M Bowman,  
3831 Market St  
San Francisco 14, California.

Dear Carlos:

We arrived here a couple of days before Christmas, after a tiring flight from Madrid, and found your letter of last April 18 with the deed to be signed and acknowledged. We are terribly sorry this was not sent over to us in Spain, but the girl here in the house can barely read and write and did not know what it was all about and probably thought it was a bill I would not want to pay until I got home again. Not until today were we able to get to the American Consulate in Guatemala City. We hope the thing is properly done; if not, we will get it straightened out when we get up to San Francisco.

We have not heard from you since arriving so take it you feel there is no rush about our coming north, in which case we would like to stay here until our Volkswagen arrives from Germany, for it will be quite a job putting it through customs and all that sort of thing. Sally writes us frequently and seems to be looking forward to a visit from us. This pleases us greatly. As soon as our plans are definite we will let you know. There are two planes a week which fly non-stop from here to Los Angeles, leaving Guatemala City about 6 in the evening and dumping you off in the outskirts of that dismal city about 1.30 a.m. and I mean a.m., light face figures. We shall probably have to come that way.

Ever yours,

UNIVERSITY OF CALIFORNIA

SCHOOL OF MEDICINE  
DEPARTMENT OF PSYCHIATRY  
UNIVERSITY OF CALIFORNIA MEDICAL CENTER  
SAN FRANCISCO 22, CALIFORNIA

December 30, 1958

Wilson Popenoe, M.D.  
Primera Avenida Sur num. 2  
Antigua, Guatemala

Dear Wilson:

I am very glad to hear from you and to know that you are getting letters from Sally which seem encouraging to you. I see no emergency about your coming to San Francisco and I think your suggestion of coming about the middle of January is a perfectly satisfactory one.

Sally spent Christmas with her family and on her way home she stopped up at my house and left a bottle of Haig and Haig Pinch-bottle Scotch as a gift from the Halley family. I was sorry not to have been home to greet them.

I see her every few days. She always seems very happy to see me and we sit and have a pleasant chat about things in general. She is rather reticent about discussing her illness with me and I, of course, make no effort to get her to do so because she has her own doctor and just as too many cooks spoil the broth, too many doctors may spoil the patient. She is eating fairly well and has gained some weight but still could profit from a few more pounds.

When you do get here, Sally's doctor or the social worker in the case will of course want to talk with you and get some further information about Sally. I am sure you will find Dr. Halleys quite easy to meet. He seems a very friendly person, interested in Sally and anxious for everything possible to be done. As far as I can see, Sally is making slow but steady progress and I think a visit from you and Helen should be helpful to her, although as I have said before, I think it is most important for the senior members of the two families to get together and outline a program and a united front in this whole matter. I am glad that you feel this is quite necessary and I am sure it will be helpful.

The latchstring at 3831 Market is always out, as you know, and I will expect you and Helen to stay with me while you are here. Please let me know when you will arrive and I will do my best to meet you.

My very best to Helen.

Siempre tuyo,



KARL M. BOWMAN, M.D.  
Professor of Psychiatry  
Emeritus

KMB:mm



EDMOND A. RIEDER  
GENERAL MANAGER

At the end of the trail stands the Palace Hotel, San Francisco

CABLE ADDRESS  
PALACE SAN FRANCISCO

Ahuacatlan Tues. 23.

[ca 1959]

Dear Wilson:

Yrs of the 18th arrives yesterda-- very good time; but I'll send a copy of this letter to "adrid as well as the original to Almunecar, by way of precaution. Yr chk of \$500 recd. I suppose you don'g particularly care to pay part of the hospital bills-- Dr. Halley can well do so and expects to, I'm sure, and they will be small at Langley Porter. I therefore suggest that I hold the amount, subject to your instructions at any time, for future use.

I have already answered most of your questions, in my frequent and scrappy letters, and Karl will give you a fuller and more authoritative picture, no doubt, about the time you receive this-- though he will doubtless address you at "adrid. Offhand, my feeling is that Sal would not want to make a long stay in Spain or Guatemala or anywhere else, though she can decide that in due time and you can be guided by Karl's advice. But she is fiercely devoted to her little family and I feel pretty sure she wouldn't want to be a day or a mile farther from it than she now is; that her main thought will be to get back to it; and I suspect that a long absence after she leaves the hospital would be harmful in a variety of ways. I'll talk this over with arl when I get up there after Thanksgiving; but at this distance I imagine that you could help her much more by using this \$500 to get a competent woman to take over most of the work of the house when she goes back. She will doubtless feel very differently then than she did when down here; she was apathetic and, it seemed, almost indifferent to the children. But this was highly abnormal. She struggled along for years with virtually no help, to keep her family going and bring them up according to her ideals, and the strain, both physically and emotionally, probably brought to light a weakness that was constitutional, as you say.

The older Halleys are somewhat reserved and very self-centered; the world revolves around Halleys and everyone else must simply fit into the picture. But I think the Dr. and I got to understand each other, during the one day he was here; and his attitude was all that one could have desired. They think that Ed has now gotten on his feet-- we'll see how he gets along on his own for the next few months. He is adept at avoiding any responsibility.

Yours ever,

Paul

Antigua, Guatemala, 25 Feb 1959

Dear Carlos:

We got back here two days ago, after a one-day stopover in Mexico because there was no other connection. Nice trip and I say when two people can go from Guatemala City-Los Angeles and back for \$456 you ought to go every year or two. Maybe we will.

First of all, I want to tell you how very grateful to you, we are for all you did to assist in our vain effort to help little Sal. The latter part doesn't matter; it was good to be with you again, for I have always said that no two brothers could be closer to each other than you and I have been throughout the years, and it would be a fine thing if 90% of brothers could be as close.

After returning to Pasadena I called Sally twice on the phone, the first time on Monday, after about a week; I asked her if Ed was getting busy looking for a job. She said No, he had been offered a job at Dillon Beach at \$150 a month (I assume sort of maintenance work, painting and repairing, but of course he had resigned; and he had gone off with his father on a cruise. She also said when she had mentioned the possibility of his looking for a job he had become rather irritable and she didn't dare bring it up again. In fact she said the matter couldn't be mentioned any more.

The day we left the US we called Sal in the morning; she said she had been down at Stockton over the week end to be with the children, that she knew nothing about Ed's plans, and before we finished the call she broke down. So momentarily at least, it seems that our effort to help her didn't get us to first base. I tried to encourage her by telling her that if and when she gets out of Langley Porter I personally will give her whatever domestic help she needs, and for your information I want to add that I must arrange this in such a manner that the money I send will go to the servant. I do not care what it costs; I must give Sal some help, not only must but want to do so, the only problem is, how to do it. On Friday when we had our last talk with her she said she was afraid she had slipped a little bit, she had no idea when she would be able to leave Langley Porter (Ed had told me earlier that they thought it would be in three weeks) and she had no idea what she would do when she finally was considered qualified to leave.

So Karl old boy, this is just to say that anything I can do and anything you recommend that I can do I want to do. It is not a question of expense. It is, as you wrote me, that I no longer have any authority in the matter. Sally would love to come down with us for 3 or 4 or 6 months which I personally believe will be good for her, but Ed will not permit this. Maybe I am wrong. Just tell me, Karl old boy, when you think I can be of help. You know better than anyone else, because you know all the background, where and when I can be helpful.

Looks like I may have to go to Venezuela for a couple of weeks next month. But I think we will fly up to California again some time next year. In the meantime, and always,

Your devoted cousin

Antigua, 13 March 1959

Dear Carlos:

Yours of the 9th came yesterday. It is always good to hear from you, and I am beginning to wonder if you might not come down here for a couple of weeks with us one of these days. With that \$203 round trip, Los Angeles to Guatemala, plus tax, good for 30 days (this is the ticket we had on this last trip) it is cheaper to come to Guatemala than to stay home. Incidentally, keep this in mind if you have any friends coming this way. If I were in California and wanted to take a vacation I would grab this. I am sure you can stop over in Mexico City if you want to - we did - but you couldn't if you came by the direct flight (Pan American) Los Angeles to Guatemala. I think, however, Pan Am would book you to Mexico and then a stopover before coming on to Guatemala. All the big airlines work in cahoots as we used to say. We were on Western L A to Mexico, KLM Mexico to Guatemala.

We will sure be glad to see Ann Lowry friend. If they haven't left yet, give her the enclosed card so that Maria will know - if we are not in the house when she knocks on the door - and will line her up. Sometimes the trouble is that callers do not speak Spanish, but they usually come with a chauffeur who does - and occasionally he does it too well. We want Ann to have a meal with us - she and her friend - if we are still here when she comes; and the way things now stand we will not be flying to Venezuela before her dates of April 1 and 2. We would like to show the gals around Antigua a bit, so if she has not left when you get this, tell her to ask her chauffeur to bring her right to our house in arrival in Antigua and line things up. All of which reminds me to say that whenever you have friends coming here, give them a little note to me, and tell them to show it to Maria if we are not here. She knows who you are and in any case, anything addressed to me is an open sesame with her.

Thanks for the news about Sal. I had already gained the impression that those trips to Stockton got her down - I don't know just why. In her last letter she says she is so tired and really doesn't know the reason. She also says Ed has given up the cottage at Dillon Beach and gone home to Stockton, and that he has no plans and she does not think he has looked for a job as yet, but she says she thinks eventually he will get organized and find himself. Karl, I just there was more that I could do; I will put up any money necessary to help Sal, but I don't feel I should put up money to keep Ed from avoiding work.

I haven't yet rec'd a bill from Dr Railton - I am going to write her for it. I thought she did a swell job on me. She hasn't reported on the chest XRs but I don't think she needed to; I am not afraid of that part of my organism. I got a bill from the hospital for the XRs and sent it back telling them it must be a mistake; it was for \$15 and as you will recall I paid \$15 in cash just before they took the XRs. I told them if I was mistaken to send me a bill again, and not to send it to Dr Railton; they might have gotten mixed up because I turned in a memo from her asking that the XRs be made. I sure don't want them to bother her for the money; she is such a fine person!

Ever yr devoted

KARL MURDOCK BOWMAN, M. D.  
3831 MARKET STREET  
SAN FRANCISCO 14, CALIFORNIA

Dear Wilson -

March 9, 1959

News from both you and Helen, was most interesting. Trust, you are relaxing a little now, and enjoying life. I saw Sally today. She is putting on a little weight and seemed in pretty good shape as I talked to her. She is not going to Stockton week ends as it was felt she was upset by this. She did go down the middle of last week for Hugh's (?) birthday.

I think you remember Ann Louray who was over for dinner one evening. She, and a girl friend are leaving shortly for a trip to Mexico and Guatamala, expect to be in Antigua April 1-4, go to Chichicastananga & Lake Atitlan. I told her to drop in and say hello to you and Helen but she said she wouldn't unless invited. She is very afraid of pushing herself into places and before big men like you. So if you and Helen care to invite them for tea (or something stronger) I am sure she would enjoy. She has met Sally and I thought I would have her spend a few minutes with Sally and bring any messages from Sally, that Sally might care to give her. I am keeping busy as usual and have more than I can do. Probably this is the best way. My very best to both of you

Karl

UNIVERSITY OF CALIFORNIA

SCHOOL OF MEDICINE  
DEPARTMENT OF PSYCHIATRY  
UNIVERSITY OF CALIFORNIA MEDICAL CENTER  
SAN FRANCISCO 22, CALIFORNIA

June 12, 1959

Wilson Popenoe, Ph.D.  
Primerio  
Sur Num 2  
Antigua, Guatemala

Dear Wilson:

As you undoubtedly know, Nancy, Marion and Hugh have all been writing Sally about the possibility of her coming East, with offers to help and to look after her if she does. I understand also from Sally that Edith would be willing to take care of her for a short time, and help her get adjusted. Sally is very fond of Edith and would, I think, have no objections to staying with her. But it is Sally's impression that Edith has emancipated herself from her own family, and that although she is very fond of both Marion and Nancy, she only sees them occasionally. It would seem unlikely from what Sally tells me that there would be any possibility of a more or less permanent arrangement with Edith.

As you know, Sally expects her baby either the last of September or the first part of October. This raises another question. If she were to stay on at Langley Porter, there would be no possibility of her <sup>home</sup> having the baby here. This would necessitate putting the baby in a nursing. This is another complication. Sally is rather chaffing at staying on. She says that she has been here for nine months and is getting tired of the place. On the whole this is a perfectly rational natural and healthy reaction except for the fact that Sally has gotten quite antagonistic to certain other patients and more or less seems to feel that any difficulties between them are entirely their fault. Having personally witnessed one of these arguments, I must admit that Sally was much more the aggressor in the episode than the other patient. Sally says that she will not leave the hospital unless the doctors feel this is the best thing for her to do. This again is a good sign on her part since she is getting quite tired of staying at the hospital but does recognize that she has had a breakdown for which she needs medical care.

She likes her own physician, Dr. Christ. I feel Dr. Christ is genuinely interested in Sally's condition and has worked with her in an excellent fashion. In many ways, Sally has improved. When I go up to talk with her she usually talks in a perfectly rational manner and tells me about letters she has had from the family and other things of that sort. She also talks over her own problems quite freely. I have, of course, made it a point not to get personally mixed up in her treatment but to always keep the role of a close relative to whom she can turn for help or advice at any time.

Recently Sally has had a couple of upsets in which she has started to hear voices again. These seem to be definitely mixed up with the fact that Ed has gone to Lake Tahoe and is apparently working with his brother. Sally



Dr. Wilson Popenoe  
June 12, 1959  
Page 2

states that she has not heard from Ed and that she has about decided that Ed has pretty much lost interest in her. She states however that she does not want a divorce. She says she would like to take her three children, fly East and settle down with Nancy and Marion. There are many complications to all this and I have talked with Sally's doctors and no final decision has been reached. However, I think this much is quite clear: Sally could not take her three children, go East, and live by herself. The only way that such a thing could possibly occur would be if she were actually living with Edith, Nancy or Marion. I doubt if this would be feasible but will leave this open as a possibility if the doctors here think it might be tried. Otherwise I cannot see this being done.

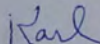
A second possibility might be for her to go East without the three children and have her baby there. This would be a much simpler proposition but even then it would involve such responsibility for Nancy and Marion that I would doubt its feasibility. I am also doubtful that Sally would agree to this. She expresses great determination to have her three children and look after them herself. On the whole I feel this is a good sign. I think it is obvious that she could not do this on her own. Her statement was that she would like to take the three children East and that whenever Ed had a job and a place for them to live, she would come back with the children and live with him. I think that it is obvious that she realizes all the difficulties that exist here and is somewhat discouraged about the whole situation.

Since Paul is coming up a week from now, I am sending him a copy of this letter so that he will have this background. When he comes we can talk over any possibilities which he may have to suggest. I am also sending Nancy a copy of this because I am not clear to what extent she and Marion know how sick Sally has been and the fact that she could not really take over the responsibility of her family alone. I am sure that there would be questions raised by Ed and his parents as to Sally's capacity to take over the children, and properly so.

I must confess that I have no immediate solution to offer about all this but I will continue to talk to the doctors here and see if any practical plans can be worked out further for Sally at this time. I will let you know as soon as I have anything more to add. Meanwhile, I can see that Sally is getting very excellent care at the hospital and is certainly very much better than she was. There is, however, a problem to be worked out here which is going to call for a lot of discussion and which, as I said before, is not easy to deal with.

My very best to you and Helen.

Cordially,



KARL M. BOWMAN, M.D.  
Professor of Psychiatry  
Emeritus

KMB:mm  
cc: Dr. Paul Popenoe, Mrs. Robert Gillou  
file

Antigua, Guatemala 15 July 1959

Dear Carlos:

Paul writes that you and Ann are to be married this coming Saturday. Helen and I are mighty happy about this, and we want you to know it. Paul says are shortly to go on another of those trips to the Far East, which we enjoy you, because you will have such a good and interesting time. We hope to drop in on you in San Francisco, some time after you get back; but I don't know when it will be. Our last visit didn't seem to help Sal very much, but maybe help just wasn't in the picture.

Which brings me to your letter of 12 June, which was very much appreciated. Paul has kept us informed of subsequent developments, and we thought everything was arranged for Sal to go East with Paul and Betty yesterday, when along comes a letter from Paul last night, saying that Sally had been up to Lake Tahoe with Ed for six days and had changed her plans. In a way, this is rather a relief to us: on the one hand, we felt that Sally might be happier with Nancy and Marion for a time, but on the other hand, we felt she might develop that antagonistic trait when she got with them and upset their own family life. Though this would be difficult, now that all of us understand the situation. When Sally blew up with Helen down here some 10 or 12 years ago we did not realize what it was all about and we were pretty badly upset by the affair. Now we would have understood.

The discouraging thing to me is that after 9 months of psychiatric care Sally does not seem to have straightened herself out, completely, and I confess I am rather fearful regarding the future. You and Paul have both been wonderful and have done all you humanly could. So have the people at Langley Porter, I am sure.

I have not heard from Sal regarding her change of plans and perhaps will not, for a time at least. I think I had best keep quiet until she writes me regarding the program for the immediate future. I feel pretty sure she really does not want to leave Ed, nor does Ed want to lose Sal. I guess we will just have to wait and see; take it step by step as things develop; and all I can do in the meantime is to have Sal and all others know that I stand ready to help at any time and in any way that seems advisable.

We got back from Mexico three days ago; I went there to give a short course of instruction in tropical fruits to an International Course in Horticulture. Got a per diem of \$8 which paid all living expenses for Helen and myself. You can't do that in the US, but then you don't like enchiladas and tamales as much as we do. And oyster cocktails at 15 cents each! Fifteen cents won't even buy you one big oyster in San Francisco. Of course these weren't big oysters but there were plenty of them.

Helen joins me in much love and all good wishes to you both.

Ever your devoted cousin,

970 Chapman St., San Jose, Calif.  
Sunday, July 19, 1959

Dear

*Wilson & Helen - Hope you like Richard & Walter's  
account, (Also Patricia's) Kal*

Part of the Bowman contingent is recovering and reminiscing after yesterday's wedding of Anna Estelle Lowery and Karl Murdock Bowman. Leslie, Carson, Shannon and Jamie Pat are upstairs in bed though not asleep (8:55 PM). Neal is "in season" and locked in the back room to protect her from an amorous miniature pinscher about six inches high, whom we call "the optimist". Pat, Walt and Richard are in the living room sipping gimlets, writing this jointly.

The wedding day was beautiful, clear and sunny with the usual July Twin Peaks wind, which whipped the veils off both Norma Popenoe and Corinne Parsons as they walked from their cars toward Dad's house at 3831 Market Street in San Francisco. Paul Popenoe, Jr. chased said veils down the hill and retrieved them from somewhere in the bowels and weeds of the Mission District.

Let's start at the beginning. At 8:30 AM Richard drove down to the Twin Peaks tunnel entrance and picked up Miss Mary Minamoto, degree holder from the Sogetsu school of Ikebana in Tokyo (Ikebana is modern flower arrangement). Miss Minamoto is also an expert in tea ceremony and in playing the Koto and is an instructor of thirty one women in flower design at the Buchanan "Y" (where Bernice Engle suggested we look), and secretary in social welfare administrative offices of National American Red Cross Pacific Area. The night before Richard had cut the flowers from our own garden which she had designated on her Wednesday visit, filling all available buckets plus the second floor bathtub (Grandpa had a shower before his wedding).

By 12:30 PM Miss Minamoto had created an effect of beauty, simplicity and originality throughout the living room, dining room, powder room, den and hallway. Then Richard drove her home to Sutter Street. Meanwhile, Ann's friend Miss Jane Taylor arrived with luscious hamburgers on rolls with pickles and trimmings for all hands for lunch, which was a lovely thing to do. All hands by now included Mrs. Victoria Reyes and her daughter Mrs. Mary Walker, who arrived about 11 AM and started polishing silver, ironing and hanging curtains for the kitchen, setting the table with forks for the cake, answering the doorbell as telegrams poured in, caterer delivered itsybitsy sandwiches and champagne glasses and cake plates, and flowers arrived: bridal flowers, the Walt Bowman nosegays and boutonniere for the four Bowman males. Also about 11 AM Grandpa drove over and brought Ann back. Richard made frequent sorties of reconnaissance to get 500 4¢ stamps for the announcements, ice cubes for the case of champagne being cooled in the Japanese Buddhist temple gong on the balcony off the living room (the ice-making machines in three different establishments were broken down precisely and uniquely on this morning). Olive Walkley was here by this time, recommending that somebody pluck an obnoxious old dandelion out of the front shrubbery bed (RSB did).

At 2:15 PM Wally, Pat, Leslie, Carson and Shannon arrived (Jamie Pat was home in San Jose with the baby sitter). At 2:16 PM Murdock phoned from new home in Grinda to report his family would be delayed due to time spent in hassle with the Western Pacific Railroad in

Oakland about whether or not they should pay 85¢ each storage for two suitcases sent by Jeanne last week from Erie, Penna. containing children's clothing needed for the wedding. They paid. At 2:18 PM the three WM Bowman girls were dressed: Leslie in white organdy carrying nosegay of pink baby roses; Carson in blue print, her nosegay of blue forgetmenots; and Shannon in yellow with a nosegay of yellow baby roses. Pat wore a white wool sheath with a matching jacket (short), hair style by Mr. Josef of Joseph Magnin ( three women remarked they envious of her hair style, which fully justified the bill WMB will receive).

About 2:25 PM the first guests arrived, but parked in front, too embarrassed to enter until 2:25 PM: Louise Kleinhofen, Bert and Betty Morgan, all old friends of Ann's. They were followed in rapid succession by more of Ann's friends: Agnes Tully, Meta Rhea, Enid Shapiro and Mr. and Mrs. John Myer. The minister came about then: Rev. Samuel A. Wright, Jr. of the Unitarian Church of Marin. They have children 18, 13, 11 years and 5 months old-the latter being ill, Mrs. Wright regretted she could not attend. We'll discuss his service further below, but we all felt drawn closer to him than before.

Now through the door poured: Bernice Engle, Mildred Carr, Norma and Paul Popenoe, Jr. (Norman on crutches suffering from rheumatoid arthritis), Sally Popenoe Halley (Wilson's daughter) and Corrine Parsons. Jane Taylor and Olive Walkley helped Ann dress, and Rev. Wright went down to talk to her. Olive and Richard signed the wedding certificate in advance as witnesses. Walt circulated around taking color pictures. Pat sequestered the children in Dad's study and entranced them with reading of Chanticleer and The Fox, illustrated by Barbara Cooney, a best friend of Ruth's.

2:49 PM Jane Taylor came upstairs to report that the bride was ready. 2:50PM Grandpa phoned Orinda--no answer. Everybody here now except MSB's and Dr. Joe Solomon, who had a patient until 3 PM. Endless wait. 3:22 PM door blew open and 5 MSB's blew in. Jeanne in very chic brown print dress purchased on her recent trip to Erie. Janet in a blue nylon party dress and Carol and Betty in matching polka dot dresses. Murdock looking suntanned and healthy after their week at Hoberg's resort. Otherwise rather windblown from the mad dash.

The guests gathered immediately in the living room, mostly standing. Word sent to the bride. RSB at piano began Lohengrin wedding march, extra slow to relax Ann's expected haste. Ann appeared in doorway, looking radiant in her Nettie Rosenstein original silk print tending toward the grey and grayish green tones against an off-white background, sort of abstract swirl pattern, quite simple and striking. Collar Elizabethan type, most exciting. Her satin pumps were of light gray-green hue, went very well with the dress. Hat was gray-green skull cap with ornaments of small white artificial flowers. Her bridal bouquet consisted of 3 white orchids and sprays of lily of the valley. Something borrowed was a white lace hankie from Olive. Something blue was lace garter made by Jane Taylor.

Ann swept in at excited pace, looking a lovely and awed bride, to take her place beside a trembling and discomposd groom.

Rev. Wright had individualized the service perfectly to fit the circumstances, the two individuals and this marriage. The service began with reading from Solomon's Song, Chap. 11, verse 11:

"For, lo, the winter is past, the rain is over and gone:  
The flowers appear on the earth; the time of the singing of  
the birds is come, and the voice of the turtle is heard in  
our land; The fig tree putteth forth her green figs, and the  
vines with the tender grape give a good smell".

He then read a poem on marriage from "The Prophet" by the Lebanese Poet Kahlil Gibran:

Then Almitra spoke again and said, And what of Marriage, master?  
And he answered saying:

You were born together, and together you shall be forevermore.  
You shall be together when the white wings of death scatter  
your days.

Aye, you shall be together even in the silent memory of God.

But let there be spaces in your togetherness.

And let the winds of the heavens dance between you.

Love one another, but make not a bond of love:

Let it rather be a moving sea between the shores of your souls.

Fill each other's cup but drink not from one cup.

Give one another of your bread but eat not from the same loaf.

Sing and dance together and be joyous, but let each one of you  
be alone.

Even as the strings of a lute are alone though they quiver with  
the same music.

Give your hearts, but not into each others keeping.

For only the hand of Life can contain your hearts.

And stand together yet not too near together:

For the pillars of the temple stand apart.

And the oak tree and the cypress grow not in each other's shadow.

The vows were repeated, the ring placed on Ann's finger, Rev. Wright presented them as Dr. and Mrs. Karl Bowman, they kissed and turned to receive their guests.

KMB wondered why the champagne wasn't flowing yet. Two hours later a case had been consumed. The three tiered cake was cut and served with coffee.

About 5:30 PM the send-off began; complete with rice, temple gong and next-door neighbor Richard Williams singing, "Jesus wants me for a sunbeam to shine for him each day". For a good many days Grandpa had trembled before Richard William's generous offer to contribute this rendition from his adjoining balcony to the service itself. Ann tossed her bouquet. A chance gust of wind wafted it into the hands of one six year old Leslie Bowman.

By 6:30 the guests had gone and the bathtub cleaned of foliage. The Three Bowman boys and their families, Olive Walkley, Ann and Dad met for a dinner of Asparagus salad, onion soup, chicken and dessert in a private dining room at the Red Chimney in nearby Stonestown. At 8 PM the newlyweds kissed all and departed. The brethren paid the bill, and whipped home too peeped to peep.

finis

KARL MURDOCK BOWMAN, M. D.  
3831 MARKET STREET  
SAN FRANCISCO 14, CALIFORNIA

Aug 27, 1959

Dear Wilson -

I saw Sally a couple of days ago. She and Ed were going over to U.C. Hospital (Meffitt Hosp.) and arranging for her to be confined there. Just what will happen after her confinement has not been worked out. I told her that I had \$400<sup>00</sup> which Paul left to me, as money you sent and that it was to be used for any emergency. The question of where Sally stays, etc. afterwards is still to be worked out. Ann and I are sailing on the Pres. Hoover on Nov 5, will arrive at Manila Nov 25, Hong Kong Nov 27 and Bangkok Nov 29. I will be there when she is in hospital, and will keep an eye on things but would like your views about things. Also what shall I do with the \$400 when I leave if it is urgent? I shall probably leave Murdock in charge of finances as I did last time. He would be prepared to do anything necessary if he knows what to do. So we have about 2 months to figure things out. I think I wrote you just after I drove Sally over to Stockton and how nicely everything went. I shall try to contact Dr Halley soon for another talk about what can & should be done. Will let you know as soon as I hear anything new.

We shall be leaving Bangkok about March 8. I should be back in S.F. in a couple of weeks after that. May spend a week in India. If you are going to be in Spain, we would try to spend a week or 10 days with you there.

Things are going along routine here. Richard has been here since June and is working on his Ph.D. thesis. The rest of this family arrived a couple of weeks ago and they will all return to New York Sept 4. I am quite busy teaching and writing. Ann is more than busy hitting the house in shape. It needed a woman's touch badly after 2 years of masculine neglect.  
My very best to Helen.  
Siembra tygoz  
Carlos

Antigua Guatemala, 15 Sept 1959

Dear Carlos:

Many thanks for the press report on the wedding, which made us a little bit sore because we had to miss it. It really would have been wonderful to have been with all of you on that occasion. I am glad we had the pleasure of meeting Ann in San Francisco and having her with us for a short visit here in Antigua. We are happy for you both. What a grand time you will have on that trip together to the Far East! You mention the possibility of meeting us in Spain next spring. How we wish that could materialise! But I have promised to deliver the Commencement address at Escuela Agricola Panamericana on March 19th and even after that I do not believe we can get away for several months, as I must finish the book on which I am working before we return to Spain.

About Sally: We really are relieved that she did not go East. In the first place, I could see no logical reason for it (but of course people in her condition are not always logical) and in the second place, Nancy has a very young baby, Marion is "expecting" and neither has much domestic help to relieve them of the care of Sally and another young baby. So you can just quote me as saying that I am very glad she did not go East. I understand Ed made some sort of down payment, out of his own funds, at Moffitt for Sally's confinement and after that we will just work things out as best we can. I have made it clear that any expenses the Halleys feel they should not underwrite I shall be glad to handle. The \$400 Paul sent to you are to be used at your entire discretion, and more will be available if and when this sum is exhausted. Probably it will be gone and more required before you and Ann leave for Bangkok. If Murdock is willing to handle, that would be the best bet; if not, my old pal Jim Kempton who lives at 2110 Jackson Street, would, I am sure, step in. I know you agree that it would not be wise to turn the money over to Ed - or to Sal because she would immediately turn it over to Ed. We will have to go along with that hymn you and I used to sing in those dead dead days beyond recall when we went to Sunday School "Lead kindly light, I do not wish to see the distant scene; one step enough for me".

I wrote Dr Halley some time ago telling him I was glad Sally was not going East; this was after she cancelled the first reservation. Then she changed her mind and then again, so my letter still stands; and I told the Doctor that I hoped he would let me know at any time he felt we could be of assistance, and that I was anxious to see the family stick together because I believe they are fundamentally devoted to each other, Ed and Sal, and they have quite a few kids to think of. The think that really worries me is that Sally has not recovered in a year of treatment and even seems to be developing what might be a paranoid tendency.

Our love to both of you; some day we are going to descend upon you and eat a lot of raw oysters washed down with Wente Bros Savignon Blanc. In the meantime and always your devoted cousin

KARL MURDOCK BOWMAN, M. D.  
3831 MARKET STREET  
SAN FRANCISCO 14, CALIFORNIA

September 29, 1959

Dear Wilson:

Although suffering from the effect of a typhoid injection in the right arm and typhus in the left, I am still able to dictate this letter to my most competent secretary who is likewise suffering from a typhoid injection only.

I had a long talk with Sal today and she is writing you what I expect will be a rather blistering sort of letter. I spent about an hour and a half talking with her this morning and the essence of her talk is that she is tired of being pushed around, that everyone is trying to make her dependent upon them, etc. She told me that I was working out some of my own unsolved problems by not turning the \$400 over to her. It took quite a long time and she kept digressing to find fault and criticize practically all her family, even some suggestion that her brother and sisters were not perfect. I pointed out to her that I had the money and was prepared to pay any bills but that you did not wish me to turn the money over to her. This caused some more commotion and she claimed I was in league with you to keep her from getting her independence. She kept wandering off each time from the point which I tried to hold her to as to what my unsolved problem was. She finally agreed that I was simply following your orders as to what you wanted done with your money but did not seem perfectly satisfied. However, she did finally say that she guessed there was no unresolved problem on my part. I kept at this and kept calling her back every time she wandered away from the subject pointing out to her that she was not dealing with the question but wandering off to make criticism of other people which had nothing to do with me and my unsolved problems. I did this deliberately for two reasons - first I felt that it was a good idea to challenge this idea and argue it out, and secondly I was anxious to see what her reaction would be when we came to a final showdown. I was very pleased when she did finally admit somewhat reluctantly that she guessed I was right.

The point is that she demands the \$400 be turned over to her - that unless you do so you do not trust her, that she is now 27 years old and is no longer going to be treated like a child. I won't go into the endless details of the hour and a half which was the means of her blowing off quite a lot of steam. I felt it was



KARL MURDOCK BOWMAN, M. D.  
3831 MARKET STREET  
SAN FRANCISCO 14, CALIFORNIA

probably good for her to vent her emotions and I wanted to get an idea of how strong they were. She felt that bringing Murdock in was just having someone else dictating to her and any substitute for Murdock would be equally unacceptable. Her proposition was that the \$400 be put into the patients' fund at the Langley Porter Clinic so that she could draw on it when necessary. She insisted there was no possibility of Ed getting this money - that Ed was furnishing her with pocket money and she did not want the money for herself. She agreed that she would keep track of all the money paid out and send you a statement about it when she needed any more.

I have puzzled about this quite a bit. She was very insistent that Ed would not ask for any of the money and she would not give it to him and maintained that your suspicions in this respect were not well founded. She stated that unless you were willing to do this she would break with you completely and as a final resort she would throw herself on charity. I am sure if she were irritated and not handled in an intelligent fashion she might well do something of this sort. In my opinion this would probably be the best thing to do. At the most you can lose \$400 and it is possible that a gesture of putting the money to her account at Langley Porter will take away some of this feeling of everyone trying to dominate her and run her life. I think that the possible gains greatly outweigh any harm. It is always going to be uncertain just what may happen but I feel if we are going to get Sally well again we have to take what we call a calculated risk. We have got to give her certain opportunities to mess things up with the hope that the opposite will occur and this will enable her to straighten out quite a bit.

When you get her letter my suggestion would be that you take a very tolerant attitude, realizing how sick she is and how unhappy she is. Any scolding will I think result in a marked emotional reaction on her part and give her what she feels are grounds for saying that you still want to dominate and control her. I pointed out to her that you had written Dr. Halley about wanting to salvage the marriage and wanting to do everything possible.

I would like, therefore, to hear from you as to what you want me to do. As I said before I feel that going along with her in this demand is giving her the best chance toward straightening out and recommend it. Please answer promptly because I know she will fret at any delay and this will not be good for her. In many other ways Sally is much better. She can talk about neutral subjects in a quite intelligent and interesting fashion and show no evidence of any emotional upset. As you said in your last letter it has been

KARL MURDOCK BOWMAN, M. D.  
3831 MARKET STREET  
SAN FRANCISCO 14, CALIFORNIA

over a year and we have not made the progress which we had hoped but I still feel there is a chance we can get Sally back on her feet and this I know is what everyone wants to do.

Ann (my secretary, in case you didn't realize whom I meant) joins me in sending her love to you and Helen.

Siempre tuyo,

Karl

P.S. Very, very sorry not to be able to have a week in Spain with Helen and you.

K (K doesn't stand for Kraschop)

→ (the cable, not the baby)

Antigua, 15 Oct 1959

Dear Carlos:

Well, tomorrow Paul rounds out 71 years and if I recall *correctly* you are only about a month behind him. Sepaks pretty well for Paul to have reached 71 on a vegetarian diet. Lord, what wouldnt he be able to do if he had one of those \$15 roasts of beef like you gave us last February. Incidentally, Helen is buying legs of lamb from a girl here who comes down from the mountains every week, at 35 cents a pound. Ask Ann if she doesnt want Helen to send up a few in dry ice.

Ed kindly sent us a cable on arrival of the new baby, and as I have just written Sal, it came via so many different routes that it got a bit garbled and we are not sure whether the new girls name is Maria Cristina or Mary Catherine, but are sort of assuming the latter is the correct version. Ed said Sal had no trouble, as usual. It is rather curious that Marion, who has her mother's physique, had a tough time with her first child (maybe it will be easier next February) while Sal whose physique is very different - the bony skeleton much smaller I assume - is just about like our laundrywomen at Zamorano, who used to ask for an hour off to go out in the back yard and have a baby, then come back to finish the last ~~three~~ student shirts.

Sal writes that Ed - or I'll put it this way: She wrote two weeks ago that Ed had the foundations laid for their new house at Tahoe. A week later she wrote that the sides are up and she asks that we send up the furniture. Now, Sal knows that all we are able to supply if a *batuh* similar to that we have given the other two girls - an old Colonial table, or two, a few chairs, a couple of cedar chests (colonial) and a few *things*. She says Ed thinks if they could have this furniture promptly they could move in by the time it arrives. It must be a Sears pre-fabricated house if this is the case. And I cant help wondering why Ed plans a home at Tahoe; does he have a future, a more or less secure one, up there. Last we heard the job he hoped to get, driving the school bus, had blown up. Or maybe he blew it up, I dont know of course.

Sal's latest idea is that Helen and I come up and take your house while you and Ann are away - but to give Sal due credit she says she *dont* know what plans you may have. If she raises the question, you can tell her what I have just written here, that I am working on a book and can not possibly leave here for more than a month at a time. If things go well, we might fly up to California again shortly after the first of the year, to see Sal and Helen's family and all the others. And in any event, I would not consider asking you to let us use your house for more than a week, because I know your own family will have plenty of use for it while you are gone.

Helen and I step into the Volkswagen on 30 October and head for Honduras, to attend the annual meeting of the Board of Trustees of Escuela Agr Panam. Back here about Nov 15th, when you and Ann will be on your way rejoicing. And I again want to tell you how Helen and I rejoice with you two. We could really envy you, but we dont; we just rejoice. We have had our share of travel and maybe will have some more.

Ever yours

Antigua, 11 Oct 1959

Dr K M Bowman  
3831 Market St San Francisco, Calif

Dear Carlos:

I have not answered more promptly yours of 29 Sept because I had already done what you suggested, i.e., authorised you to turn over the 400 bucks to Sally. I cannot see the slightest objection to this, because I feel the situation as it now exists will preclude a reasonable possibility of Sally giving the money to Ed to buy himself some new clothes. I enclose a copy of a letter I have just written Sal in which I try to make plain, as I have tried to several times in the past few months, that she can count on me. I must insist on that. I shall never let her down, no matter how badly she is let down from other angles. Helen and I just wish that she could come down here with the new baby, leaving Ed and the rest of the family up there until we see how things work out. The only letter I have ever received from Ed was one sent a couple of years ago, when he suggested that he and all the family come down here and stay with us until he could get a job. Now, you know this would have just one result. Ed can not get a decent job here without training for any sort of a job and without a knowledge of Spanish. He has not shown and is not showing any sense of responsibility, so far as I am informed. I think his family have done a wonderful thing in taking care of the three little tots for the past year or more.

I realise that both Paul and yourself have felt it would not be wise for Sally to come down here. Does this still hold? It hurts us greatly to see Sally's new baby farmed out, so to speak; and I don't see that we could do anything by coming up there to help, do you? We are really in a quandary, not knowing where to turn.

In your letter of 29 Sept you felt a bit concerned as to what Sally's attitude toward me might become. Her last two letters have been very satisfactory. I gather that money was and is what worries her, and you can count on my taking care of that end so long as may be necessary - and it may be a long time. Of course we cannot see why Ed does not rent a small house up at Tahoe and take Gal and the new baby up there - unless you medics feel that she must not leave the Clinic for some time yet. When we were there last February the feeling seemed to be that she could leave in a very short time. I would like to know what you think about all this. It seems to me a small house at Tahoe would cost little more than supporting the new baby outside, especially during the winter when I imagine houses are cheap at Tahoe. But maybe Ed doesn't want to bother with such things. Sal says he is building a house, but the snows have come and "she hears" that he probably won't be able to do anything before spring. Pretty vague.

Karl, I can't tell you how much we appreciate all you have done and are doing to save this situation. I don't know how we would have been able to go this far without your help. Our visit last February accomplished nothing except to gain the amnesty of Ed because I urged him to go to work. Let me hear from you again before you Ann leave (what a swell time you are going to have, and how happy we are for you!) and remember always that I shall do anything advisable to keep Sal going.

Ever yours

October 16, 1959

Dear Wilson:

Your letter with the copy of your letter to Sally arrived today and I hasten to answer. As I believe you now know, Sally has a little girl, 8 lbs. 4 oz. She had a very uneventful labor, the baby arriving early in the morning. When I saw Sally the next day she was walking around and seemed to be in excellent shape physically. Tonight Norma is picking her up with the baby and driving her to the home where the baby is being boarded - an Irish family and apparently from all I can gather, a satisfactory place. Sally will return to Langley Porter tonight. When I saw her today she seemed the best I have ever seen her since her sickness. She told me how Ed was working now - that he had been paying a number of the bills and that the house was not yet completed but good progress had been made. They are considering the plan to rent a house with the idea that 4-6 months from now they will be able to move in their own home. Since Sally has been so pessimistic generally I am inclined to accept her statements about all this. She expressed her satisfaction that Ed seemed to really be growing up and taking responsibility.

She will talk with the doctors at Langley Porter about when she should be able to leave. If she continues as well as she seemed today I would think she might be able to leave quite soon. What has struck me is that the deep sense of resentment and the attitude of fighting against hopeless odds seems to have disappeared and is replaced by a considerable degree of optimism and an ability to talk things over very quietly and easily. I congratulated her on how much better she was and she agreed that this was the case. I think the turning over of the \$400 to her was a very wise move and has played a real part in this whole situation. The feeling of resentment she had expressed toward you seemed to have disappeared today. I even joked to her about this and was very happy to see that she took it in the same fashion that I had meant it.

Since you raised the question of her renting a home and this would not cost much more than paying for the baby to be boarded out, I think it is interesting that she has worked this idea out herself before getting any suggestions in this respect from you. She points out that it would cost \$30 a month to board the baby out and that this would quite possibly pay the rent on a house. If it is agreed that she is well enough to try it I think she may get a great kick out of having her own home again. Her plan would be to take the baby up with her and then as time went on and she felt adequate to it, gradually take more and more of the children up with her.

In answer to your letter about Sal's attitude toward you I was a little worried that she might sort of blow off in her letter to you and I wanted to warn you ahead of time. I felt it was purely a temporary thing and not to be taken too seriously but that it would be best for you to be prepared for that possibility. Now that this seems to have blown over I feel greatly relieved.

I have read your letter to Sal over very carefully and I think it is an excellent letter and will still further reassure her about your support.

Ann and I are in the midst of our preparations for departing. We sail 3 weeks from yesterday. I am up to my ears in writing and teaching and will be glad to get on board ship and having nothing to do for another 3 weeks. I am sorry that there is no possibility of seeing you in Spain in March but we will have to figure out some other time.

Ann joins me in love to you and Helen.

Sempre tuyos,

Carloz

P.S. Oct. 23

Your letter of October 15 arrived today. Your grand daughter's name is Mary Katherine. I held up this letter because Sally got somewhat upset when she took Mary Katherine to the fosterhome. She phoned the house and as I was away at a meeting that evening, she talked at length to Ann. I <sup>saw</sup> ~~was~~ <sup>when</sup> her the next morning and she had gotten over most of the upset which I think was rather natural and understandable. As she said to me, before she came home from the hospital the family were all there, there was a big celebration and the new baby was welcomed by everyone. This time she was taking the baby to strangers and she found it quite distressing. I agreed with her that this was perfectly normal and that I undertood why she felt that way. She has, I think, gotten this out of her system and is now taking a common sense view of things.

I saw her today again for a few minutes and she was making Christmas things out of red and green. I am not quite sure what they were - maybe Christmas cards. She seemed quite composed and talked without any evidence of emotional upset.

I had a long talk Monday with her new doctor who is, I think, rather well qualified, having just finished two years in the Air Force. I used to see him when I went regularly as consultant at the Air Force hospital at Parks. The feeling of the doctors is that perhaps in a month or so Sally may be able to leave the hospital, therefore it is better not to try to find a boarding place for her now but to consider the possibility of her going to Lake Tahoe within a month or two. They are going to try some of the newer drugs to see if this will help stabilize her and I think they feel fairly optimistic about things.

Sally was talking today about the possibility of you and Helen being here for Christmas. According to the present plan she would very likely be up at Tahoe for Christmas and I don't know how you would like the deep snows that you would find there. We will be getting back around the first of April and I wonder if you and Helen might not care to come up then for a visit. We would be delighted to see you and will have, as you know, room to spare.

We have arranged for an older couple, the sister of Mrs. Engle and her husband, to take over the house while we are away. I am sure that if you came up it would be possible for you to arrange to have the down stairs room which has its own bath. I confess I am not too clear about the new house and what the whole situation is. I think on the whole things are going pretty well and will drop you another line before we depart two weeks from today.

Kal

Antigua, 28 October 1959

Dear Carlos:

Guess this is just about my last chance to catch you ashore, for next thing I know you and Ann will be saying "Steward, another Tom Collins, please". Maybe you will stay longer than you presently plan to stay in the Asiatic tropics and not reach Spain until April or May. In this case I think Helen and I may be over there. I have got to finish the MS of this book I am writing; then we will probably cut loose for the summer (tho any time if the year is pleasant in southern Spain) and go back to our favorite stamping ground. We would love to show you two some of our favorite spots.

You certainly have worked hard on Sally's case and mainly as a result of your efforts I believe things are working out hopefully. I am in favor of her going up to Tahoe just as soon as the new medico at Langley Porter will let her go. As you know, I have promised her \$100 a month for an indefinite period, to help out. I don't at all like the idea of having the new baby "farmed" out and I know Sal doesn't either; and of course, as I have said, if I were Ed I would wash dishes in a restaurant before I would have a baby of mine in that situation; but I am not Ed, and I suppose he feels that Sal and her problems are as much my responsibility as his. I think you agree that the thing for me to do right now is to back Sal to any extent necessary, which I will do. I wish I knew what sort of work Ed has at Tahoe; and I really can't see how he can do much work on a new house during the coming months, for the Donner Party found life pretty hard in the High Sierras during the winter and I should think it might be hard on everybody. But let's get Sal up there; I would think there must be plenty of houses available during the winter - houses occupied by people who come for summer vacations - and perhaps by next summer Ed can really have something ready.

Helen and I will not try to come to California at Christmas time. From many standpoints I think it will be better to wait until spring. I am not afraid of Tahoe snows but perhaps by spring Ed and Sal will be established (again I say, I wish I knew what sort of future Ed has at Tahoe) and we could go up there for a brief visit. And if you and Ann are back, of course we would love a couple of days with you in San Francisco; and Paul and Betty will be back in January I understand. Our plans depend to a considerable extent, of course, upon Helen's mother; she is getting pretty old - about 84 though I know she doesn't feel it or look it - but her health or lack thereof might make a trip to California obligatory at almost any time. One advantage is, that the trip to California is so much shorter than one from Spain!

Much love from house to house.



KARL MURDOCK BOWMAN, M. D.  
3831 MARKET STREET  
SAN FRANCISCO 14, CALIFORNIA

November 5, 1959

Dear Wilson:

I went over your last letter to Sally and also received your letter of October 28. Unfortunately we have to be back here in San Francisco by the 5th of April at the very latest. I am afraid, therefore, it is going to be impossible to have a period with you in Spain and this makes me very unhappy because I think of nothing nicer than for the 4 of us to have a week or so together in Spain.

We plan to leave Bangkok on about the 8th of March. We will spend a week or so in India and then anywhere from 2 to 3 days in Lebanon, Jerusalem, Cairo, Athens, Rome, Madrid and Lisbon, then on to New York and San Francisco.

Sally seems on the whole to be improving and as I see her is outwardly much better than she was. I agree with you that having the new baby farmed out was a very distressing thing to her as it was to you and it was only natural for her to be upset by it. You were right that I feel that the thing for you to do right now is to back Sally "to any extent necessary." Sally showed me some pictures of the new house which is really developing much faster than I had thought possible. It is a new type of construction in which you build a very steep roof which sheds all the snow and which is very suitable for that type of place. Sally tells me that a great many people are coming down to look at it and it is attracting quite a bit of attention.

If you are not going to Spain until April or May why not figure on coming here before you go? This will give you a chance to have a visit with Sally which I am sure will be very good for her and I think will be good for you also. Then you can have a couple of weeks with us and we will sample the various types of liquid refreshments and compare our tastes.

I have just had a postcard from Paul and Betty written from Switzerland. Apparently they are having a very pleasant time.

We are getting in that frantic stage of the people who have not travelled too much when the last minute arrives and you figure all the things that need to be done. Correction - Ann says, "You mean I am getting at that stage."



Antigua, 7 April 1960

Dear Carlos:

We got back from 3 weeks in Honduras and Salvador a few days ago and figure you folks must be back on upper Market St by this time. Sally has written that she expected to leave the Clinich on April 1st and take Mary to a trailer in Tahoe which Ed has hired until he can finish the house. She says they will need my \$100 per mensem until such time as Ed finishes the house and gets a job (remember what you said to me, Sdre, he can get a job, but will he keep it?).

We keep awfully busy here, for folks supposed to be retired - just as you do. We had to go to the graduation at Zamorano because I was to be given two gold medals by graduates and a couple of fancy diplomas and then to Salvador to go over the work there. Now they want me to go to Colombia for a short time job, dont think I will do it, and to Házuzáguá ditto, think I will do it. No money in these jobs but lots of fun. I could get money out of them but it would involved me in local politics and criticism and I prefer the fun. You can live pretty well in Antigua on \$116 per mont, Social Security.

Dont know when we will get up to California but it might be before the end of this year. Depends a good deal on Helen's mother - i.e. her health. I would like to get up there again now that you and Ann are back on Market St and we could spend a couple of days with you eating those fat oysters. Helen joins in much love to you both.

April 14, 1960

Dear Wilson:

Ann and I were in Washington March 27th and 28th and had a chance to see Nancy and her husband. She seems to be looking well and enjoying life. We did not manage to see Marion as she was not able to come to Tommy's for the cocktail party he had. I talked with Nancy about Sally and promised to write her so in my usual lazy or perhaps efficient fashion I will send her a copy of this letter.

I saw Sally a couple of days after I got back. She seems to me much more stable and relaxed than she was at the time we departed for the Far East. She told me that she expected to be leaving the hospital very soon, that Ed had not yet finished the house but there was a trailer which was in good condition which they could use until the house was finished. Apparently Ed is putting the roof on at the present time. She then hopes to take the baby and go up to live with Ed and as things progress she hopes to gradually re-accumulate all of her family and have them with her.

I talked with the doctors at the hospital who confirmed all this. They feel that Sally has been making steady progress and are hopeful that she is going to adjust well when she leaves. A few days later Sally and Ed walked into my office and we had a talk. It is agreed that they do not wish to have any more children and Ed has arranged to have himself sterilized. He has been working on the house but has lost his job but says that he has some roof tiles which are made by a new company which are very wonderful and unusual and that he is now going to sell tiles for this company. His house being apparently where it can be seen by passers by and it apparently attracts quite a bit of attention he is hopeful that he is going to sell a bunch of these tiles. It is a new company and he sounds fairly optimistic.

I am now back to work again and everything falls into the regular routine quite easily. We have just purchased an additional 252-3/4 acres of land adjoining Namwob Manor and running up to Mt. Madonna Park. This plus our present 191-1/4 acres gives us the easily remembered 444 acres. We are now engaged in attempts to build some dams and develop some lakes which is so far in the talking stage. You had better come on to California and spend some time with us and while Ann entertains Helen I will get your expert advice about developing Namwob Acres which we have now christened the new place.

We were glad to hear of your activities and hope your two gold medals were solid gold. We may be going back to Bangkok again next November so plan to come up before then. Ann is following in your footsteps and has just bought a new Volkswagen and she is learning how to shift the gears in the new complicated fashion. She joins me in sending love to you and Helen.

Karl

KARL MURDOCK BOWMAN, M. D.  
3831 MARKET STREET  
SAN FRANCISCO 14, CALIFORNIA

May 16, 1960

Dear Wilson:

I am just back from a week at Atlantic City where I read a paper at the American Psychiatric Association meeting. I had a nice visit with Richard and his family in New York.

Sal left Langley Porter before I started on this trip and I understand, as you do, that she is up in this trailer at Tahoe waiting for the house to be finished. I feel that she is really quite a bit better and only wish that we were certain as to what conditions will be in the next few months. I agree with you that if Sal had plenty of money and help she would go along under less strain but I don't see there is much that can be done about things about at the present time except to give her some financial aid plus strong encouragement so that she can feel that she has her family back of her. I will let you know as soon as I hear anything more. She is, I believe, going to see a young psychiatrist in Reno which will of course add very considerably to her expenses but which I think is really very important for her to do. I hope before long you will find a chance to come to California and give us a good long visit. We will visit Namwob Acres, eat oysters and drink Wente Bros. Sauvignon Blanc. I will also ask your advice about planting some more trees. Can you tell me an easy and simple way to kill gophers? They have killed off three fig trees for me and although occasionally we manage to trap one we are not making any real progress against them.

Ann likes her new Volkswagon and I think would agree with you as to how satisfactory it is.

Ann joins me in sending love to you and Helen.

Karl

KARL MURDOCK BOWMAN, M. D.  
3831 MARKET STREET  
SAN FRANCISCO 14, CALIFORNIA

April 3, 1961

Dear Wilson:

A letter from Paul told us that Helen had apparently had a cerebral hemorrhage and that it was all quite sudden with no warning. I know how you must feel and can only reiterate my sympathy for you. Will this make any change in your plans? Will you perhaps take a trip to the United States? If you should be coming up here we would be delighted to have you spend as much time as possible with us. We shall be away from about May 3 to about May 20th. Our plans are not at all settled for this summer. We have considered going to Europe for a month and I would go to the World Federation for Mental Health meeting in Paris. If you were going to Spain again for any period we might be able to get together unless at this time you would rather be alone.

I have also been considering spending quite a bit of time down at Namwob this summer. We have just built a lake with a 10 acre feet capacity. It is now almost full of water and when full will be about 19 feet deep in the deepest spot. It covers about  $3/4$  of an acre. We have also bought 252 more acres so we now have exactly 444 acres. If you would care to spend any time down there the whole 444 acres is yours to roam about in.

If there is anything we can do at this time please let us know. There have been no new additions to the family and the four boys seem about as usual.

Ann joins me in sending our love and deepest sympathy.

Karl

BOWMAN FAMILY ADDRESSES (15 January 1965)

Mrs. Murdock S. Bowman (Jeanne), Janet, Carol, and Elizabeth Ann  
c/o Mrs. J. L. Hughes (Elizabeth, her sister)  
241 Shoshone Drive  
San Jose, California ~~XXXXXX~~ (408) 259-6884

Professor and Mrs. Richard S. Bowman (Ruth), Ellen, & Thomas Elliot IV  
(r) 61 Grandview Avenue (b) Associate Professor of Comparative Literature  
Rye, New York 10580 Department of Humanities  
(914) WOODBINE 7-6160 The Cooper Union, Cooper Square, NY, NY 10003  
(212) ALGONQUIN 4-6300

Dr. and Mrs. Thomas Elliot Bowman III (Mary Jo), Judy, Kathy, & Susy  
(r) 13210 Magellan Avenue (b) Division of Marine Invertebrates, Assoc. Curator  
Rockville, Maryland National Museum (Smithsonian Institution), Rm. 81  
(301) WHITEHALL 6-8853 Washington, D.C. (202) 381-~~5222~~ 5259

Miss Judith Stearns Bowman (sophomore, University of California)  
2615 Parker Street  
Berkeley, California (415) 845-7128

Dr. and Mrs. Walter Murdock Bowman (Patricia), Leslie, Carson, Shannon, Jamie Pat, & Cameron  
(r) 970 Chapman Street (b) Associated Anesthesiologists Medical Group  
San Jose 26, California 93 North 14th Street  
(408) CHERRY 3-1009 San Jose, California 95112  
(408) CYPRESS 3-7780

Dr. and Mrs. Karl Murdock Bowman (Ann)  
(r) 3831 Market Street (b) Director of Mental Health, State of Alaska  
San Francisco 14, California Director, Alaska Psychiatric Institute  
(415) VALENCIA 4-3355 2900 Providence Avenue  
(house is rented, and occupied Anchorage, Alaska 99504  
by tenants) (ask for operator) FEderal 3-1622  
(residence is on the hospital grounds)

KARL M. BOWMAN, M. D.  
2900 PROVIDENCE AVENUE  
ANCHORAGE, ALASKA

Feb 17, 1965

Dear Wilson -

Your letter was most welcome. Ducky was always very fond of you and always wished he could have gone down to central America and hunted with you. In fact, you always have and always will rate most high with all the Bowmans.

I guess there are quite a lot of us who are living on borrowed time. Paul, Hal, you and I and many others. When I came here a year ago there were only 2 doctors at our \$5,500,000 hospital. Now we have six. So I feel that we are making progress.

Ann and I are going to New York the first week in May to the meeting of the American Psychiatric Assn. Then we fly on to Scotland for a weeks meeting of the Royal Medico Psychological Assn.

A nice day today, only 13° below zero at 8:45 P.M. Bright, sunny day. A month ago we had a week when it was 30 below zero every day. So spring is almost here.

Why dont you come up here for a couple of weeks this summer? See a little of the largest state in the U.S. Twice (and more) as large as Texas.

Must stop and write some more letters.

P.S. Univ of Calif gave me an Honorary Doctor of Laws last June and also the Royce Award for the best contribution to psychiatry and neurology in the Bay Area together with a check for \$10,000<sup>00</sup>

Glenore Tuzo  
Carlos



Psychiatric Inst

October 18, 1965

Dear Wilson:

Anchorage Alaska 99504

I am late in writing you but I was waiting until I left to try to give you the final word on Sally. Maybe by this time you have heard more. I left Anchorage on Saturday, Sept 18 and had to stop for a week in Portland to go over the type of care that some of our Alaska patients are getting at the different institutions there. We still have about 125 mental patients in one of the mental hospitals there. I got to San Francisco on Thursday, Sept. 23 and met Ann there, who came ahead of me.

I saw Sally on Friday the 24th. I was surprised that she had recovered to the degree that she had. Superficially she made a completely normal impression. She had gotten a number of electric shock treatments and some more drugs and she was able to discuss things quite objectively. The same undercurrent of suspicion and aggression was there but I was surprised how little she showed. She talked about her sickness, showed I thought really quite good insight, I felt very encouraged and was told they hoped to give her a few more electric shocks and thought she would then be able to leave the hospital. This seemed quite logical to me. I planned to see her again the last day I was there. I had to make successive trips to the dentist and to the various doctors beginning with your old friend Dr. Torrey, who helped give you the cobalt treatment for your skin cancers. She burned a basal cell carcinoma off my left cheek so that I am going to look something like a German dueling student if I get many more of these operations. Then I also saw your old friend, Dr. Ralton, who checked over your general physical condition. Her husband just recently had a fall from a ladder when he was painting the house. It produced a spinal fracture with complete paralysis of both legs and some weaknesses elsewhere. She has stood up to this very well and is continuing on in her work. I ended up after all these various studies with a prostate examination and was told that it was just the way it was two years ago, normal for one of my age but twice the size it would be otherwise for a young man. This and visits to Walter and his family and to Murdock's widow and 3 children and going down to the ranch to look at things got me on a pretty tight schedule as I had planned to go to Chicago to meet with the American Bar Foundations for whom I was acting as a consultant. I was suddenly called back to Juneau on a budget hearing.

Ann and I went to see Sally. I was going to have time for half to three quarters of an hour before catching my plane and I am sorry to say I didn't think of the possibility of her being out. She had gone out for a long walk with some of the group and there was no way I could see her before plane time. I can't see how I could have been so dumb as not to think of that but I was. I did check with the hospital about how she getting along and she was continuing to make steady improvement. I don't know whether you have been figuring any plans. I think Paul wrote that you wanted her to come down with you and it may be that this would be a good thing if she really wants to do it. I wish you would write me if there is anything more I can do to be of help. I think everything has been done that can be done - that she will temporarily, at least, improve and the length of time she stays improved may well depend on what happens to her. If she goes back to her husband and he and she start fighting back and forth, she may break down fairly easily. These are the sort of things I wanted to talk over with her and I am quite distressed that I didn't manage to get this talk in.

I think Sally should be consulted as to what she wants to do and this should be talked out with her doctor and I am sure if Dr. Simon is there and you were to go up there that he would try to see you. He was away all the time I was there so I was also unhappy on that basis because I felt that if I could have seen him I could have gotten a little further in understanding about matters. Again let me say how well she talked and behaved and seemed to be when I was talking with her. I have a feeling that she may do very well and might even never drop back into one of these acute episodes. It is also my understanding that she refused to take her medicine at the time her relapse started. It is not clear whether she relapsed because of not taking her medicine, or whether she was starting to relapse and as a part of her symptoms refused to take her medicine.

KARL M. BOWMAN, M. D.  
2900 PROVIDENCE AVENUE  
ANCHORAGE, ALASKA

October 18, 1966

~~Dear Paul~~  
Dear Wilson:

I will try to make one letter take care of both of you but will add a few things to each letter. If I remember correctly, Paul should get this just about the time of his birthday, which I think is about three weeks before mine. If so, Happy Birthday, and if I am wrong, Happy Birthday anyway.

I got letters from both of you with a good deal of material covering Sally's problems as well as those of both of you. I carefully put the letters aside as I was flying on to Boston and New York and planned to write the answers when I got home. I was gone for about 10 days, attended a meeting of heads of mental health of the different states and a second meetings of superintendents of mental hospitals in all the different states. I did have a chance to see Dr. Harry Solomon again who took me for half a day to see the Boston Psychopathic Hospital, now the Mass. Institute of Health, (or some similar pretentious title.) I commonly end up by feeling depressed every time I go to visit some scene of childhood or later period of my work. I have about decided that I am going to quit making trips to visit places by all rules should be most pleasant to make.

I also had a visit with Richard, Ruth and their son, Tommy at Rye, N.Y. Their daughter, Ellen, is away at school now. She was in quite a serious motorcycle accident a year ago, riding tandem with a young man who was very seriously injured. Ellen got a fracture of the lower jaw and and some other damage but none of it too serious so she is back in circulation now and her jaw is getting to be normal again.

On arriving home I seemed to have picked up one of these nose and throat type of infections which are fairly frequent on long plane trips. I went to see a nose and throat man who examined me, then said he would like to examine my heart as well. He then asked me if I ordinarily ran a fast pulse, and I said no except when I had attacks of fibrillation, but that I hadn't had any for more than a year. He then remarked that my pulse was ~~105~~ 150 and when I felt it, it felt like typical auricular fibrillation. On the other hand I had none of the symptoms or feelings of the usual fibrillation. They took an electrocardiogram and mainly prescribed EKG's every hour on the hour. I think it was three or maybe four hours later that my heart got back as usual and I spent the night at the hospital but came back home at noon the next day. Have been taking things a little easy but am coming along fine.

I am glad that Sally seems to be well located in Mill Valley. Poor Wilson seems to be the victim and he seems to have very little chance of getting any help from sources which should help him. I suppose there is nothing that can be done about Ed but if he does start any trouble there would be some question of evidence which should be able to effectively squelch any attempt on his part to get possession of the children. I might be able to help some in a situation of that sort and probably could aid in proving that Ed was not a proper person to have charge of the children. Otherwise I have no very special advice.

I do not plan to stay here more than 2 years longer at the most and will not stay that long unless I feel in pretty good shape, which I have been most of the time. Apparently Wilson is one of these tough old buzzards that nothing can knock him out, even when according to all the rules he should have been knocked out some time ago. I guess I am somewhat the same way and maybe Paul is also, although being weakened by a non-meat diet he can't be expected to do as well as Wilson and I do! It seems to me quite interesting that all three of us retired and then get called back into active service again, and in some ways I suspect that all three of us would find a complete retirement a pretty boring sort of thing. Maybe a trip up to Alaska would do you good, to counteract all the years you have spent in the tropics. We really had a most lovely summer here and our first snow for this fall arrived yesterday with the thermometer getting down to about 20 above.

I hope it will be possible to see both of you before too long. It is not clear to me how long Wilson expects to stay in Florida. His letter has mysteriously disappeared and I can only discuss it from memory. I presume he has been staying there with Hugh. It is possible that next May we may get out for a couple of weeks or more to San Francisco and spend a little time down at Namwob. If Wilson could plan to get up about that time we could have some good visits together and I would like to go over and talk with Sally and give him my view about things. I am sure he would also enjoy a few days at Namwob and would be interested to see how things have developed.

This I think represents the main gist of my message. Ann joins me in sending our best to Paul and Betty, and if Wilson goes back to Florida he can add our best wishes to Hugh.

Karl



American  
Psychiatric  
Association

COMMITTEE ON PROGRAM

KARL M. BOWMAN, M.D., Chairman, 3831 Market Street, San Francisco, Calif.  
HUGH T. CARMICHAEL, M.D., 30 N. Michigan Avenue, Chicago 2, Ill.  
JOHN J. DONNELLY, M.D., 200 Retreat Avenue, Hartford, Conn.  
DANIEL H. FUNKENSTEIN, M.D., 74 Fenwood Road, Boston 15, Mass.  
ROBERT S. GARBER, M.D., Box 1000, Princeton, N. J.  
MARGARET C. L. GILDEA, M.D., 4500 W. Pine Blvd., St. Louis 8, Mo.  
MARTHA G. W. MacDONALD, M.D., 534 South Pineapple Avenue, Sarasota, Fla.  
JULES H. MASSERMAN, M.D., 8 South Michigan Ave., Chicago 3, Ill.

CENTRAL OFFICE: 1785 MASSACHUSETTS AVENUE NW WASHINGTON 6 DC PHONE: ADAMS 2-7878 CABLE ADDRESS: PSYCHIATRY WASHINGTON DC

March 14, 1972

Dear Wilson and Alice -

Ann and I were most happy to get your letter yesterday and I hasten to send you an answer. Glad to hear that you have gotten back the strength you had just before <sup>the</sup> operation but not what what you had 25 yrs ago. Did you think your name was Grant, not Wilson? You should take moderate but regular physical exercise daily. That is really very important and will help a lot in keeping you feeling up to more activities and enjoying it.

I have had quite a bit of prostatic enlargement but my doctor tells me my prostate is in a position ~~but~~ that will ~~prevent~~ prevent obstruction and that I will never need to have the prostate removed. Hope he's right. Come up and visit me and I will let you help me in the additional additional concrete and bricks that I am making into walls and walks.

Glad to hear that Sally has been so much better and feel that she may continue to improve. Please send her greetings from Ann and me and tell her that I think she should be able to keep improving.

Ann joins me in sending you and Alice our best wishes and hope you can come up and visit. We have lots of room. We are flying to Dallas April 28 to attend Am. Psychiatric Assn. and will be away about a week.

P.S. How do you like my new writing material? (only about 12 yrs or more old.)

Love  
Karl and Ann

## DIRECTIONS FOR SUBMITTING PAPERS

All papers accepted for the annual meeting become the property of the Association. The Editor of the American Journal of Psychiatry has the authority to accept or reject papers for publication in the Journal. If publication elsewhere is desired, permission must be secured from the Editor.

Papers will not be accepted for the program if they have been either previously published or presented at other meetings.

All films and scientific exhibits must be submitted to the Program Committee.

### By October 15, 1957

Authors offering papers for presentation at the annual meeting in Chicago, Illinois, should forward an abstract of some two hundred words to the Program Committee in the following form:

1. Proposed title
2. Aim (or hypothesis to be proven)
3. The method used
4. Limits of the study (time, number of cases, etc.)
5. Findings
6. Conclusions which can be drawn

This will be passed on by the Committee on Program at its meeting in October. Authors will be notified shortly thereafter whether the paper was considered suitable.

All readers of papers are asked to state the minimum amount of time necessary for presenting their papers, but the time allowed will have to be determined by the Program Committee.

All authors will also state whether films or slides are to be presented with the paper, if you wish equipment to be available.

### Special Notice to Round Table Meetings:

Any actions or resolutions decided upon by the group, relating to the activities of the whole Association, may be submitted to Council, through the Secretary.

### WHEN THE PAPER HAS BEEN TENTATIVELY ACCEPTED:

#### By January 1, 1958

The title of the paper and the names of the authors as they should appear in the printed program

### IMPORTANT!

*Film and slide projection equipment:* If you need such equipment in presenting your paper, the Program Committee Chairman must be notified not later than April 15, 1958. Specify precisely the kind of equipment you will need.

should be in the hands of the Committee. Following is an example:

### INVESTIGATIVE PSYCHOTHERAPY IN CERTAIN CRIMINAL TYPES

Robert White, M.D. (F.A.P.A.), John Doe, M.D. (F.A.P.A.), and James Blank, M.A. (by Invitation), New York, N. Y.

#### By March 1, 1958

A copy of the entire paper—but not necessarily in final form—should be sent to the Committee, for forwarding to the discussant.

Two additional copies should be sent directly to the Chairman of the Committee on Public Information, Dr. Henry P. Laughlin, c/o Public Information Office, A.P.A., 1785 Massachusetts Ave., N. W., Washington 6, D. C. These copies are for use in the press room at the Annual meeting.

### SUMMARIES OF SCIENTIFIC PAPERS

On or about February 1, 1958 you will receive a communication from the APA Public Information Officer requesting and giving you full directions for the preparation of a special 300-word summary of your paper. These summaries will be published in pamphlet form and made available at the Annual Meeting as a supplement to the official program and also for the use of press reporters. These special summaries must be in the hands of the Public Information Officer in duplicate by March 1, 1958.

### At the Annual Meeting

Kindly sign in the Register which will be provided for persons appearing on the program, either giving or discussing papers.

An original copy of each paper carefully corrected by the author and in final form must be handed to the secretary at the time of reading.

Discussion is by no means limited to those whose names appear on the program. The time allowed for each discussant is limited to five minutes.

A Press Room is operated at the Annual Meeting under the supervision of the Committee on Public Information. It is recommended that contacts with reporters at the Annual Meeting be arranged through the Press Room.

Mrs. Karl M. Bowman  
3831 Market Street  
San Francisco, California 94131

March 31, 1973

Dear Wilson:

Your letter was a great comfort to me. I know how close you and Karl were and I wish you could have seen more of each other during the past years.

Karl was always so interested in Sal and she wrote him such a nice letter, I would say perhaps a year or so ago. At that time she sounded so natural and like her old self. I am sorry that there has been another unhappy episode.

Please give my best to Alice - if you two should ever get up to the States, I hope that we can get together. I don't expect to keep this house as it is much too big and expensive. However, I hope to stay somewhere in the Bay Area. Of course if I should ever make another trip to Guatamala I will surely knock on your door!

Love,

*Ann*